



"WITH THE COLORS"



April 7, 1918.

Dear Marie,

Well, I haven't written for quite a while but still I can't think of much to write about. I am glad you can have a bed of your own and hope you will stick to that rule of going to bed at 9:00 P.M. Then, if you get too much sleep — why get up earlier. Perfectly simple, isn't it? That is one reason why all of us here gain in weight and health — we get little rests after breakfast,