



"WITH THE COLORS"



May 9, 1918.

Dear Marie,

Your letter of the 3rd just came today, so I guess it must have been lost some way.

I most certainly do think that you should get more sleep, as I said in answer to your letter of the 5th. I hope that you will be feeling better in a short time. Have you read "Starving America" ~~to~~ through yet? What did you think of it and did you understand the main things pointed out by the author. I have read many books on food but believe



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that Alfred McLaughlin has the only real common sense ideas on the subjects. You will find his writings quite often in "Physical Culture" and his work is endorsed by McFadden in every detail.

It would be fine if you could join an organization of real outdoor girls.

Wouldn't it be great if you could go to some kind of a girls camp for a short time during your school vacation. I had a fine time at the Phantom Lake Y. M. C. A. camp in 1914, and it seems as though there ought to be something similar for girls.



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Let's talk more about this; you know I want you to have the best times possible and we may think of lots of things if we write about it.

Was glad to hear that Morse is coming here, for he will never find a better camp with a better bunch of fellows. Be sure to have him look me up.

Are you doing anything with the bugger yet? Are you sure you are not getting interested in too many things?

I forgot to tell you about a few elementary things



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in forming letters.

The first thing to do is to practice making dot letters.

E I S H 5

• " " " " " " " " " " " "

At first make the dots slowly with a full wrist (not finger movement) always uniformly and accurately.

When you make an i count 1, 2. That is dot, dot. And S would be 1, 2, 3; H would be 1, 2, 3, 4; just the same as counting time in music. The above is simple enough but some amateurs have trouble in combining dots and dashes without



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having too much space between the last dot and the first dash.

For instance the letter A = E + T or . - , but there must be very little space between the dot and the dash — . - and not . - . The count is 1, 2 (the same as in I ") and not 1, and 1.

In making the letter "S," which is three dots, the count is 1, 2, 3. Also, the letter "U," which is two dots, dash, is counted 1, 2, 3 holding 3 so as to form a dash instead of a dot. Again, 7 is



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counted the same way;

... is 1, 2, 3, 1.

V is 1, 2, 3, 4 or 1, 2, 3, 4.

and not 1, 2, 3, 1. Do

you see? The point

is to have the dots

connected to the dashes.

It's the same thing
in music. Take 4/4 time:

You have quarter notes
and whole notes, quarter
rests and whole rests. Now
a "rest" in music corresponds
to a "space" in telegraphy

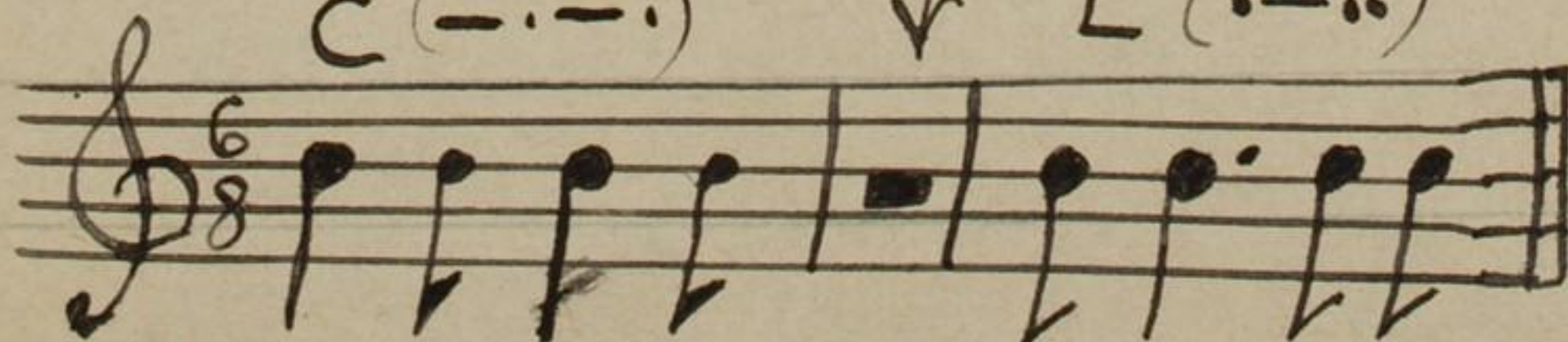


whole rest

C (---)

whole rest = letter space

L (---)



Do you
see?



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Now do you understand why to count 1 2 3rd 1 when you make 7(---) instead of 1, 2, 1, 2.?

If you make 7 like this .. -- it is going to sound like the word "in" which is $\begin{smallmatrix} \cdot \cdot \\ \cdot \cdot \end{smallmatrix}$ $\begin{smallmatrix} \cdot \\ \cdot \end{smallmatrix}$. Also be careful not to make C (---) like double n ($\begin{smallmatrix} \cdot \\ \cdot \end{smallmatrix}$ $\begin{smallmatrix} \cdot \\ \cdot \end{smallmatrix}$)

The best thing to do is the connect up that sending board of mine with the buzzer and battery and then if you use it right it will combine the dots and dashes with true mechanical precision and will accustom your ear to the



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proper sound of each letter. Tell me if you can find this board alright.

Today Sergeant Baber gave the First Section a speed test in telegraphy and I have been rated at a speed of 20 words per minute, which is the average commercial radio operator's speed.

Among my magazines you will find the July 1917 "Wireless Age". Read the article on page 765, entitled "What Women Can Do, and Are Doing". If you can't find it I will send it to you.

With love,
Forrest.



LEAVENWORTH

KAN

Miss Ava Marie Shaw

389 Highland Avenue

Beloit, Wisconsin

From ...Forrest W. Bassett...

Co. A-6 F.Bn., S. C.

Ft. Leavenworth,

Kansas.

NATIONAL WAR WORK COUNCIL
OF THE
YOUNG MEN'S CHRISTIAN ASSOCIATIONS
OF THE UNITED STATES
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