



"WITH THE COLORS"



2)

that Alfred McMunn has the only real common sense ideas on the subjects. You will find his writings quite often in "Physical Culture" and his work is endorsed by McFadden in every detail.

It would be fine if you could join an organization of real outdoor girls. Wouldn't it be great if you could go to some kind of a girls camp for a short time during your school vacation. I had a fine time at the Phantom Lake Y. M. C. A. camp in 1914, and it seems as though there ought to be something similar for girls.