(4.1

in forming letters.
The first thing to do is
to practice making dot
letters.

E I S H 5
. .. .

At first make the dots slowly
with a full wrist (not
finger) movement) always
uniformly and accurately.

When you make an i
count 1, 2. That is dot, dot.
And S would be 1, 2, 3; H
would be 1, 2, 3, 4; just the
same as counting time in
music. The above is simple
enough but some amateurs
have trouble in combining
dots and dashes without