

with a fresh air patio where ponds add additional moisture to the air. Even at the Pan-American you cannot trust such things as water. For instance, I recognized that the drinking water in the room had evaporation marks dating it back at least five days and that the water was filled with foreign particles which would not be present in purified bottled water, so I asked the desk to send up some fresh drinking water. In the meantime I placed a thread over the handle of the cold water faucet and went down stairs to dinner. When I returned the pitcher was filled and the thread on the cold water tap was gone. So I called and told the clerk that I had reason to doubt that the water was purified and asked him to send up some boiled water from the kitchen which he did. This water, I am sure, was from the hot water tap as it carried the same complex of foreign particles as is characteristic of the tap water--so what can you do--the only thing as I see it, is to personally accept the responsibility of actually seeing the source of the water or to treat all water, repective of source, yourself. The Pan-American are supposed to have the same standards as hotels in the U.S. At Barrios the same thing happened--they were putting tap water in bottles reserved for purified drinking water and as a result (could have been from food) two contracted diarrhea on the morning I was leaving, December 3. That night at the Colonial I emptied myself as I have never emptied myself before. It only affected the intestines as I did not have any discomfort in the stomach. The poisons also hit my shoulders. From breakfast on the