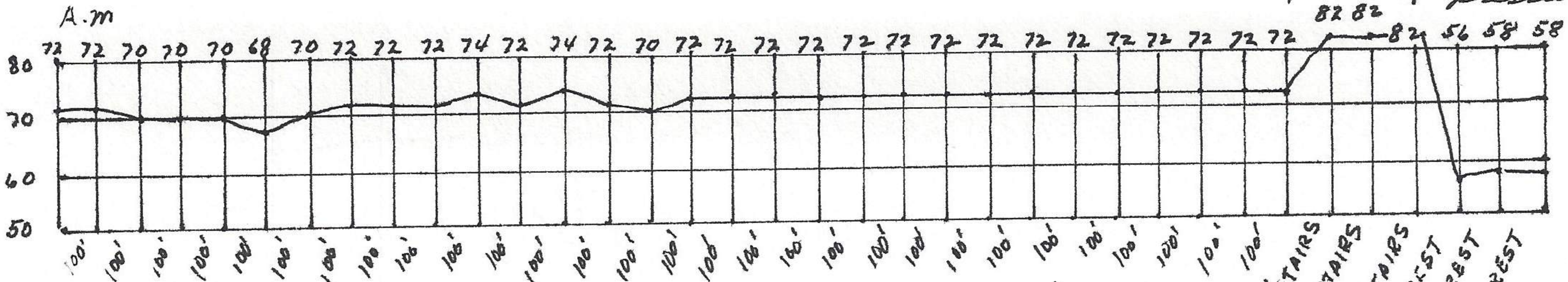


Dec. 14, 1979

791214-237 Chest pressure



BETWEEN 10:30 - 11:45 A.M. (1 mi per trip, 1 min taking pulse + recording)  
 Test preceded by 2 glasses orange juice, one banana.

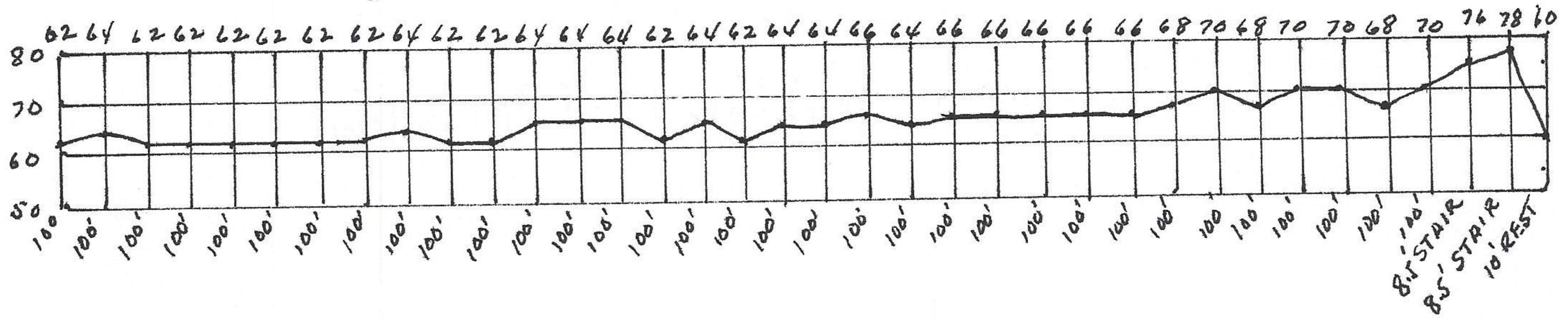
Dec. 15, 1979

Blood pressure 7:00 A.M. = 138/70. Drove Clinton Reservoir and back 15 miles. 120 ring-billed gulls generally distributed and 40 in small groups on peninsular. 300 mallards left lake area & flew E.

Dec 16, 1979

not as much orange juice as Dec 14, 1979 above. 4:00 P.M.

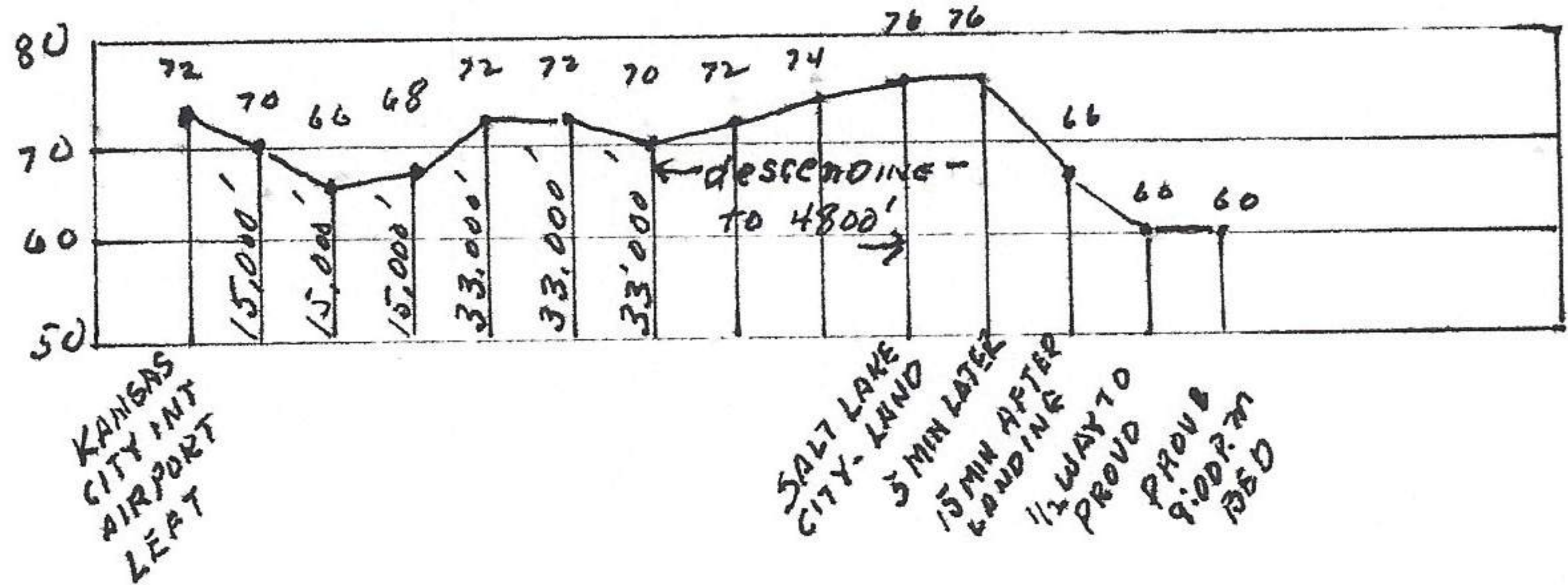
140/80



Lawrence, Douglas Co., Kansas

Dec 20, 1979

Left 402 yorkshire for airport in Kansas City, thence to Provo, Utah by United Airlines. Left home 8:45 A.M. Pulse 70. 10 mi. E Lawrence on turnpike Coyote Crossed road. Noted 3 redtail hawks. Pulse to 68 enroute. 70 at airport gate to plane. 72 on plane. Left 10:35. At 15,000 ft 70 pulse, then to 68. Snow drifts on ridge increasing to solid cover at Denver. Conifers onto plains from mts along edges of drainages. 11:55 Rocky mts, snow in open exposures, conifers hide snow on exposures. 11:57 begin high peaks. 12:00 ski area and large lake. 12:05 beyond timberline mts. 12:08 mainly scrubby hillsides. 12:15



33,000 72; 12:20 72 at 33,000'  
 12:25 70 at 33,000 ft, 12:36 descending, 72 (Touch lake, thence north under clouds). 12:45 approach 74. 12:50 land 74. 5 minutes later 76, 10 minutes later 66. Don & Mary picked us up at airport. Point mt, 60. Provo

60. Stayed in Provo at Mary's. 9:00 P.M. bed = 60 pulse and no ill feeling from trip. Pulse increases with descent but not with ascent.