

JOURNAL 1980

Provo, 1593N, 1450E, Utah Co., Utah.
Jan 1, 1980

at 11:00 A.M. walked 600' - pulse 68; 600' - pulse 66. This afternoon drove to Mary's Chalet at Sundance for dinner; then returned to Provo. Pulse 11:00 P.M. 68, BP at 11:30 P.M. 174/95, pulse 64.

Jan 2, 1980

at 12:08 this morning pulse fast, then slow, then normal. BP at that time 170/96. 8:00 A.M. pulse 62. At 1:00 P.M. walked 600' - pulse 66, 600' - pulse 68, 600' pulse 68 (this figure are continuous walking with pulse at 600' intervals). At 5:30 P.M. brought Mary back to Provo from Payson mt. View Hosp. B.P. at bedtime 160/84, pulse 62.

Jan 3, 1980

Prepared to leave by United Airlines for Lawrence, Kansas. 8:00 A.M. pulse 60. BP. 160/82. Don and Mary drove us to Salt Lake Airport and left in plane at 2:55 P.M. Pulse at takeoff 70. 20,000' pulse 68. 3:15 at 37,000' pulse 70. 4:00 pulse 70, 5:30 descending 70 pulse. Pulse gradually increased to 74 at touchdown at 5:48 at International Airport. Arrived home, pulse 68. James Robert had left Provo Dec 28, 1979 for Cooper & Lawrence and Annette & Ron also left same day. reduced 4 to 3 quinides daily. B.R. at 8:30 A.M. = 160/92. at noon 140/86.

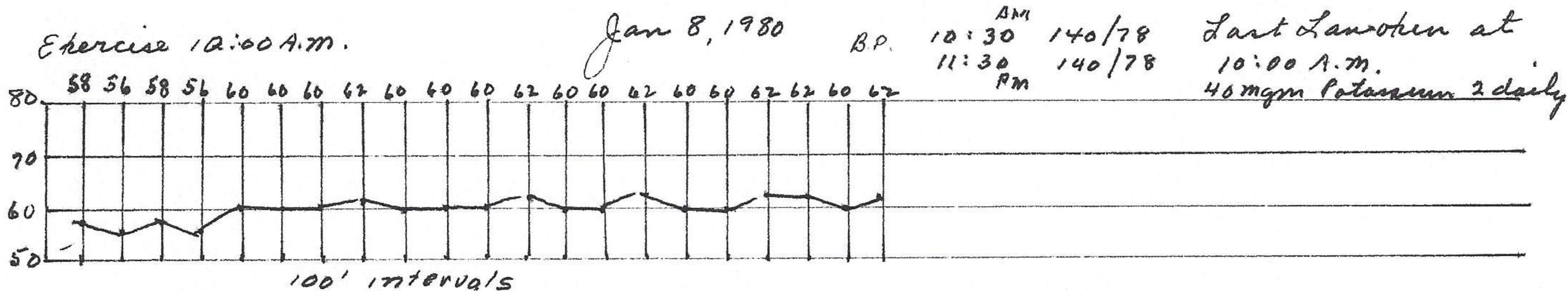
Lawrence, Douglas Co., Kansas

Jan 6, 1980
 2:00 P.M. 138/80
 8:00 P.M. 170/90

Jan 7, 1980

The 4th, 5th & 6th inactive and spent most of time in bed. as was true of Utah visit was tired and nauseated most of the time from over medication of quinides.

B.P. 9:50 A.M. 140/78
 8:00 P.M. 140/78



Exercise 12:00 A.M.

Jan 8, 1980

B.P. 10:30 AM 140/78
 11:30 PM 140/78

Last Lawoken at 10:00 A.M.
 40 mgm Potassium 2 daily

Last night at 3:00 A.M. pulse increased & hard then slow and weak.