

Hop Tops which grow here in great Abundance & the Settle make a very palatable & wholesome liquor from the hop blossom which grow very large - then there is the wild nettle which may be obtained by cart load boiled quick with vinegar put on them they are exceedingly good & Wholesome - Wild Onions continue in season from March to June

P<sup>th</sup>

The price of provisions medical attendance &c

Information of this kind will prove very beneficial to the Emigrant - as many parties on coming out load themselves with stores of various kinds - quite unnecessary it is very different now to what it was when the first Settlers arrived we had to bring with us at a great expence of carriage our Flour - Meat - Crackers - Tea - Sugar - Meat & in fact every individual we wanted but now on the Settlements there is a wonderful alteration in favour of the Emigrant you need bring no kind of provisions with you but will find a plentiful supply of every thing but Cheese & if you are fond of that (& many eastern people are <sup>author</sup> not excluded) you had better bring with you a good supply - Good the price of provisions on the Settlements - good Wheaten Flour from 5.2 Dollar & Bag to 6 Dollar Indian Meat 1 Dollar Butter 25 cents & Good Sugar 10 cent & Soap at very low prices Best Vinegar 10 cent & Quart Port Wine 60 cent & Quart Good Potatoes 1 Dollar & Bushel Good Bacon