

fulness may be inculcated, taught; and nothing, perhaps, adds more to the health. Let the teacher buoy up the spirits of his pupils.

SECOND—MENTAL EDUCATION.

Under this head I would include the cultivation of all the powers of the soul.

God has created the world with many different objects for our contemplation. The world is not monotonous; there are hills and valleys, lakes and ponds. There are more varieties in all things than can at once be conceived, yet all is one great harmony; hence it is that we have so many different sciences, as Astronomy, Geology, Chemistry, &c. Now, are not the works of God worthy of our contemplation and study. It is then the duty of every one to acquaint himself with these things, and to educate himself by studying them. Study and meditation on these things produce an admiration of them, and hence of the character of their Maker. It is then a very wrong idea entertained by some persons, that if one has sufficient education to enable him to attend to his farm and trade, he may cease the work of educating himself further. The advantages that arise from a study of these things are numerous. By studying them we strengthen the mind. The exercise of any faculty of the mind, or any member of the body, strengthens the faculty or member thus exercised. There is another important end gained. It brings the mind to see more clearly the kindness of Providence to his creatures; shows his wisdom and power, and shows how great our privileges are; hence, all the different branches of education, as far as practicable, should be introduced into our common schools. Let the schools be graded, and then, according to age and ability, attention can be paid to these things.

For the improvement of schools there are several things to which there should be paid particular regard. The first thing that should be observed, or to which the attention of the people should be directed, is the school house. Another thing, the furniture of the school house. A well ventilated, cheerful-looking school house, well furnished, inspires the young with a desire to improve. It shows the children that their parents have a care for and an interest in them. It shows, too, that they have a sense of the importance of observing neatness and taste. Now, it is