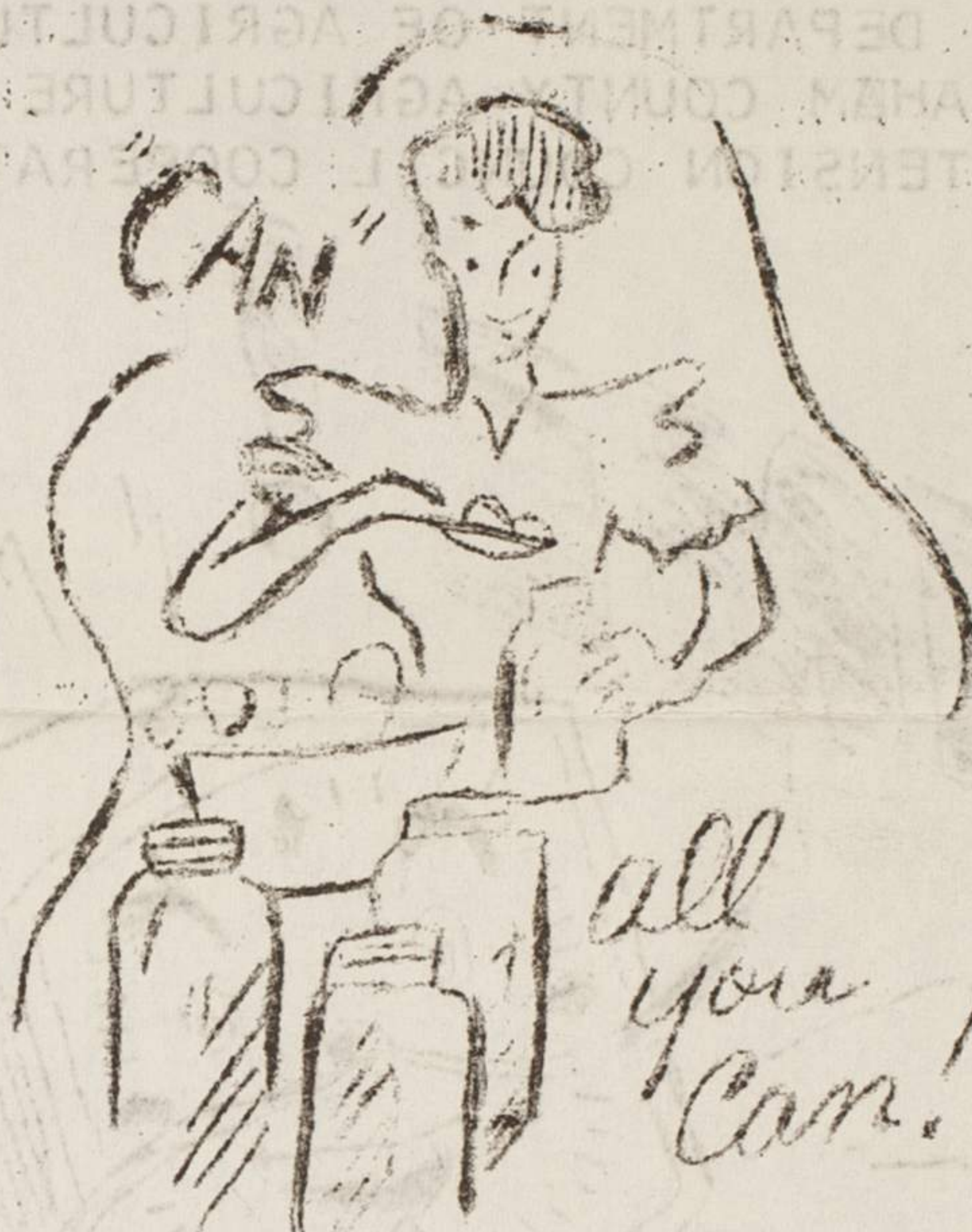


COOPERATIVE EXTENSION WORK
PUBLIC MEETING
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF KANSAS

Have you been thinking about yummy foods which can be successfully preserved and canned in your own home? Daisy Atkinson, our Extension Specialist in Foods and Nutrition, will conduct a public meeting May 9 from 1:30 to 3:30 p.m. at the fair building on SUCCESSFUL HOME CANNING. We are extending a special invitation to the 4-H Food Leaders too. I think you will find this demonstration very helpful in instructing your 4-H girls.

I know you won't want to miss this and your friends won't either, so bring them too. Daisy will show recommended procedures in canning fruit and acid and non-acid vegetables and discuss the reasons for their use based on information that research has given us.



Where does your money go? Don't let those dollars escape! Does your family take time to prepare a yearly financial plan or budget? This is a fine policy and also helps teach children in the family how to manage money. Does it seem like you spend a good share of your money for groceries? Probably so. A study performed on a group of farm families revealed that food costs exceeded all others averaging 27.6 per cent of the disposable income. Expenditures for family living were categorized under 10 headings. Household operation ranked next, 13 per cent. Clothing and transportation costs accounted for 11.5 and 11.8 per cent. Health care required an expenditure of 9 per cent of the income. As a group, families set aside 8.2 per cent of their disposable income for direct savings. Those consisted of investments in life insurance, in social security payments, other retirement funds and bank savings. How does this compare with your family savings?