



Compare your homemaking with that of yesteryear. What's happening to the business of homemaking these days? It's changing--many changes are the forward type, but some are the going-back kind.

A generation ago, the emphasis was on production of materials--food, clothing, curtains, knitting, and rug hooking, and--surprise--it still is, but in different ways. For example, homemakers buy more of these materials now--food ready canned, frozen, mixed, even cooked, clothing, curtains, draperies ready made.

Grandma spent an average of 27 hours a week in her kitchen; Daughter now spends only 20 hours there. Reasons: More prepared food, better kitchen equipment, and faster methods of preparing, cooking, and serving. Of course, Grandma now enjoys the same 7 hours of release from her kitchen duty, too. Men often ask, "What do women do with all their extra time"?

Actually, some of it goes right back into the kitchen via study of--and more attention to--better nutrition, balanced diets. There's more emphasis now on low-calory food preparation, for sound health reasons. And Mama uses her time to inform herself on local events, world affairs, too. She's better posted.

#### THOUGHT FOR MOTHERS' DAY:

God could not be everywhere, and therefore he made Mothers.

-Jewish Saying-