

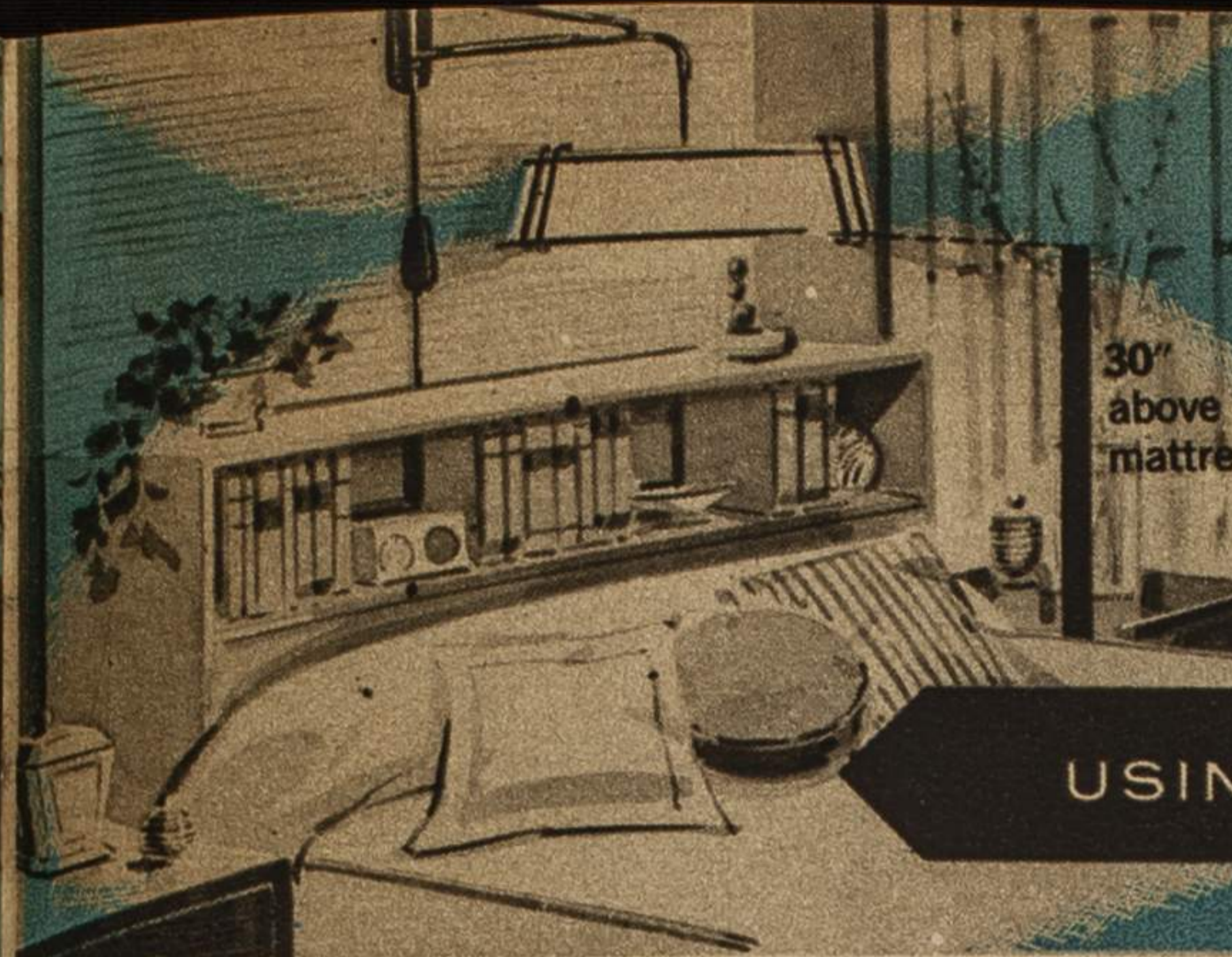
# READING IN BED

Reading in bed is a relaxing pleasure when there is a sufficient spread of light to permit both body and eye comfort.

lighting recipe 13



## USING A TABLE LAMP



Extended arm-type wall lamps span wide headboards to bring the light over pillows.

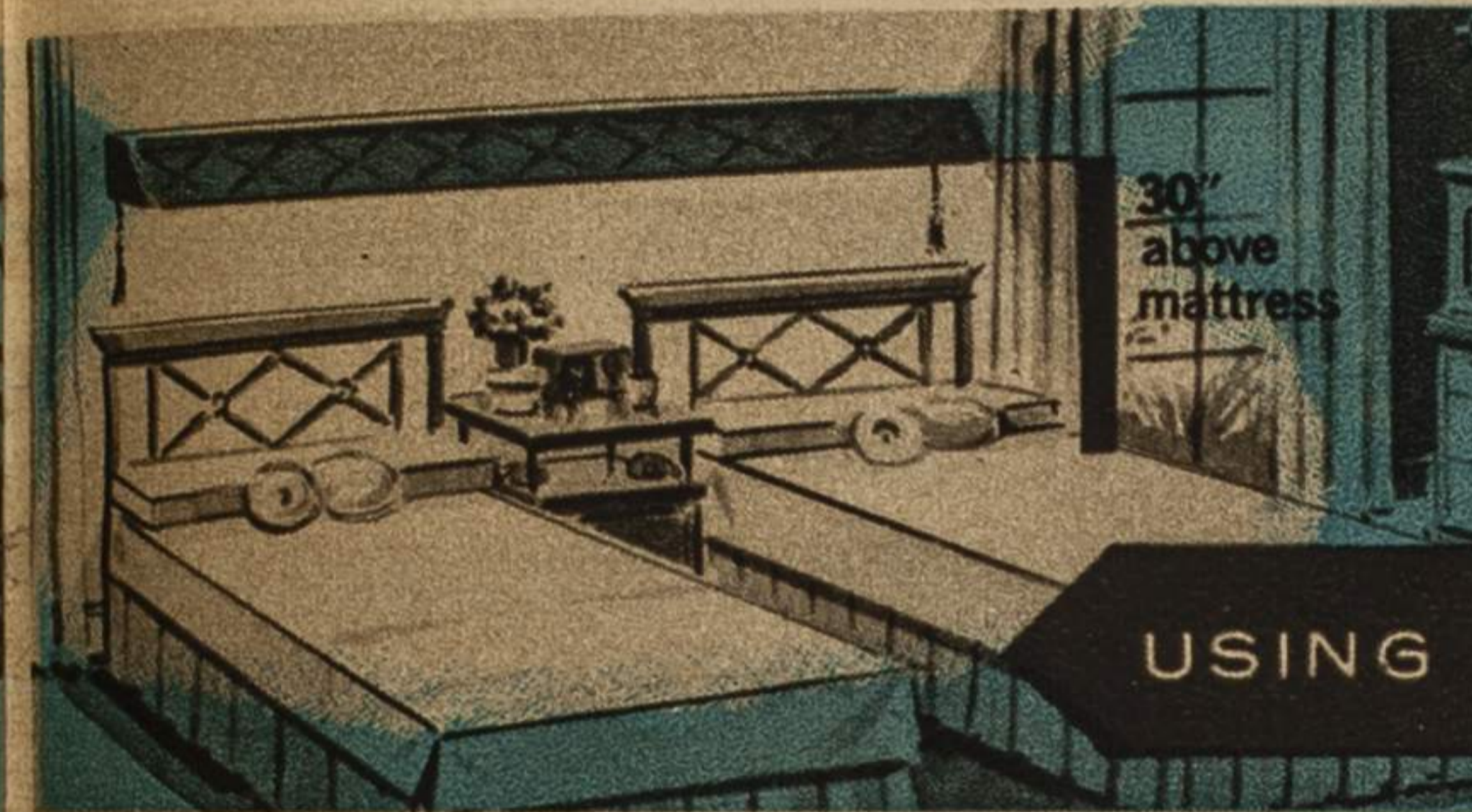
lighting recipe 14

## USING A WALL LAMP

lighting recipe 13a



## USING A CEILING FIXTURE



This is the best recipe to light the entire width of a double bed, or decoratively unify twin beds.

lighting recipe 15

## USING A WALL BRACKET

### WHAT TO USE

#### 13. End Table Lamp

DIFFUSER: A or B—8", or C. SHADE: top 8", depth 10", bottom 16".

BULB: 50/150w, 50/250w. 50/150 R40 Soft-White Indirect for C (high level for reading).

DIFFUSER: D. BULBS: multiple, 180 watts.

SHADE: top 14", depth 6", bottom 16". HEIGHT TO SHADE: 15"-17" above 26"-28" bedside table. Table height, plus lamp base height, should locate lower edge of shade about 20" above mattress—at eye level.

#### Even Better—Senior Table Lamp

DIFFUSER: A or B—10". BULB: 100/300w (300w for reading).

HEIGHT TO SHADE: 18". SHADE: top 14", depth 13", bottom 16".

#### 13A. Suspended or Reel-Type Fixture

SIZE: 14" dia. or larger. BULBS: multiple sockets, total 120 watts.

SHIELDING: luminous with comfortable diffusion, or opaque with upward light.

#### WHERE TO PLACE:

13. Measure 22" from center of book out to table. From this point measure 16" back to wall. Center lamp here (about in line with shoulder).

Twin Beds: Repeat the recipe at far side of both beds; don't compromise.

13A. Suspended: Close to wall, 2' above mattress, 20" left or right of person. Reel Type: Pull down so that lower edge of shade is at eye level.

### WHAT TO USE

#### 14. Wall Lamp

DIFFUSER: A—8". BULB: 50/150w, 50/250w or C. BULB: 50/250w (High level for reading). SHADE: top 8", depth 8", bottom 13".

DIFFUSER: D—(usually in pull-up and down type) BULBS: multiple, 180w total.

SHADE: Min. depth 6", bottom dia. 14". Usually needs shielding at top, and always diffuser at bottom, not extending below shade.

#### 15. Wall-Bracket of approximate bed width (see patterns).

SINGLE BED: one 36"-25w DeLuxe Warm White tube.

DOUBLE BED: one 48"-40w DeLuxe Warm White tube.

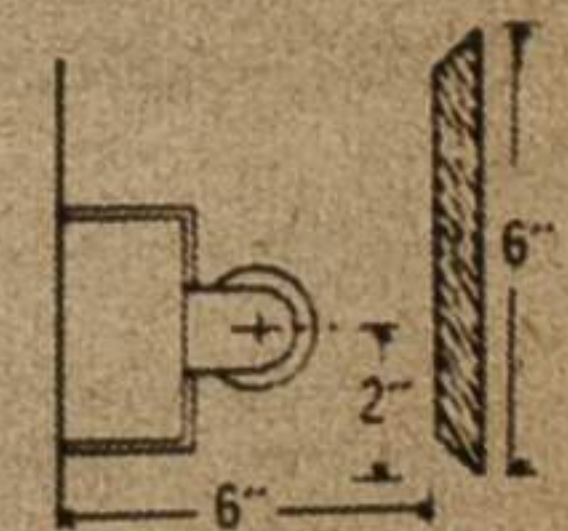
EXTRA WIDE, or twin beds: two 36"-30w units.

OUTLET BOX: 2" x 4" horizontal type; 32" above mattress, usually 53" above floor. SWITCHING: local.

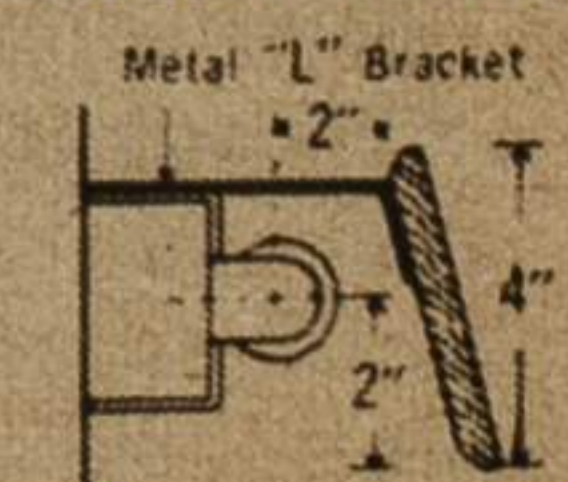
#### WHERE TO PLACE:

14. Bottom of shade 30" above top of mattress. Center over bed, or each side of double bed, if preferred.

15. Bottom edge of faceboard 30" above top of mattress.



STRAIGHT FACEBOARD



SLANTED FACEBOARD