

Thorough cleaning is more like the old-fashioned house-cleaning procedure. Some homemakers may find it easier to do a little along with the weekly cleaning; others may prefer to use the following procedure with one room each month.

Take down the curtains and draperies, brush them if they do not need washing, and lay them in another room. Remove window shades and brush them, or brush venetian blinds and wipe them when necessary.

Brush the radiator. If there is a register, lift it out and brush it on a newspaper; clean the screen and the pipe. If the register needs washing, wipe it off with kerosene and dry it thoroughly with a clean cloth.

Remove the pictures. Brush the walls with a wall brush, beginning at the bottom and working up toward the ceiling, brushing it last. Dust hangs down and by lifting it up with the brush it will not be rubbed in and smear the walls. The wood trim may be brushed as one comes to it in cleaning the walls.

Clean the closet, removing everything, brushing the walls and wood trim, and wiping the shelves and floor.

Dust picture frames. Wash the glasses over pictures, the mirrors, and windows. Wipe light bulbs, enclosing and diffusing bowls with damp cloth and brush lamp shades.

Remove things from drawers and wipe them out; replace, or dust and turn the paper linings.

Dust and polish furniture. If the furniture is very dusty, another cloth should be used for polishing; waxed furniture will need only rubbing unless it is time to wash it and give it the yearly coat of fresh wax.

Turn the rug back and wipe under it. Clean the under side of the rug as well as the upper. Underlays may be cleaned on both sides with a vacuum cleaner, detaching the belt that revolves the brush if the cleaner has a brush; the brush will tear up the loose fibers. After the rug and floors are cleaned, place the furniture in order and hang the curtains and pictures.

In cleaning a bedroom the mattress and box springs should be brushed or vacuum cleaned, and the bed made before the furniture is dusted. If a broom is used instead of a vacuum cleaner or carpet sweeper, the furniture should be dusted and polished last.

In cleaning a room as well as any of the other jobs of house cleaning, the purpose of spending time to experiment with systematic work schedules and better methods is to increase leisure, relieve the mind of worry caused by the pressure of things to be done, and create a more restful, pleasant home. The homemaker with a schedule and sound methods is better equipped not only to do the work at hand, but to teach and guide her assistants, whether they be members of the family or paid employees. The objective is to make the job more interesting and less fatiguing by controlling it, rather than letting it control her.