

WEEKLY SCHEDULE
UNIVERSITY OF KANSAS

Physical Training (ASTP)

September 6-11, 1943
(Date)

Date and Hour	Area of Instruction	Instructor	Subject and Nature of Instruction	Text Reference	Equipment
MON 9-6 - 9:30 AM #12 #15 2:30 PM #12 #7	ath field	Porter	Free play 15 MIN Calis 20 MIN Jest (Squat jumps) 440 yd run (no time) Football	Victory Corp manual 24-16207	volleyballs Footballs
9-7 - AST. #1-12:30 PM #12 #2 2:30 PM	ATH FIELD		Free play 15 MIN Calis 20 MIN OBSTACLE COURSE FOOT BALL	Victory Corp manual	Basketball Volleyballs Footballs Obstacle Course
WED 9-8 - 9:30 AM #12 #15 2:30 PM #12 #7	ATH FIELD	PORTER	TUG-O-WAR 15 MIN GORILLA EXERCISE OBSTACLE COURSE FOOTBALL		
9-9 - 10:30 AM #12 #2 AST #1 12:30 PM	ATH. FIELD.	PORTER			
FRI 9-10 - 9:30 AM #12 #15 2:30 PM #12 #7	ATH FIELD	PORTER	CHALIS. 15 MIN CROSS COUNTRY 10 MIN PULL UPS RELAYS		
9-11 12:30 PM AST #1 2:30 PM #12 #2	ROBINSON GYM	PORTER	CHALISTHENICS PULL UPS ROPE CLIMB SHORT UNDERSWING ON PARALLEL BARS Relays		APPARATUS