Due to superstition the number thirteen is usually considered unlucky. It has its equivalent in the Hebrew letter Men and is regarded by John Heydon in his "Holy Guide" as ~~as~~ . It is a number of change and is not always unfortunate as is generally supposed. The change denotes effort, exercise and subsequent labor.

In the Sepher Yetzirah, the Thirteenth Path is the Path of Unity. It is the understanding of the Truth of our Spiritual knowledge. Thus it was that sed Quaballistic minister said "He who understands the number thirteen hath the keys and power and dominion."

It is usually supposed to be unlucky for thirteen people to sit down at a table to dine, because thirteen sat down at the Last Supper.

Fosbroke in the Encyclopedia of Antiquities says the sed Romans considered it an evil omen for thirteen to be in a room together.

On the other hand, there are those who will cite the thirteen original colonies as proof that superstition is only a myth. Still, we find among our finest athletes men who shy at the number thirteen. They have great imagination. In order to develop initiative and dreate a desire to win, the wise coach will cater to and respect, up to a certain point, the athlete's superstitions.

Superstition may be likened to a sixth sense called premonitions or hunches. Sometimes we read of a fellow striking it rich when he acted on nothing more than a premonition. So in order to get the most out of any athlete, it would be well to consider his background of superstitions and respect them in a way. Thus may one obtain the best of an otherwise player who in case of failure to follow the instructions of his coach would put all blame on some superstition.