

Lake Mills Public Schools

O. A. RUSLEY, Superintendent

Lake Mills, Iowa

December 5, 1938

Dr. Forrest Allen
Director of Athletics
Kansas University

Dear Dr. Allen:

I attended one of your courses at Spirit Lake a couple of years ago and recall that you invited us to write you concerning special problems. I am accepting that invitation.

We have a boy who was bothered with shin-splints all of last basketball season. We tried an absolute rest of two weeks together with the massage and hot ointments several times, but it did not cure him of the affliction. During these periods of rest, however, he worked in a grocery store on Saturday and Saturday evenings. We cite this to acquaint you with the history of the case. We are anxious that the boy does not go through a similar experience this year, so we ask your opinion concerning what ought to be done.

We have been using your manipulation of the sacro-iliac and we have not had a sprained ankle or knee in two years. We shall certainly continue to use the treatments.

Thanks in advance for any information you may see fit to give us.

Respectfully yours,

Robert Bungum