HIPS.	T	MINISP	-	-
1		See America	UP	344
-	是自由	1	Seek also	End!

SQUAT JUMPS

No.	Point	No. Squat-	Point					
Push-ups	Scores	Jumps	Score	No.	Point			
43	100	73	300		AA			
42	98	72	100	30 29	44			
41	96	71	98	28	40			
40	94	70	97	27	38			
39	92	69	96	26	36			
38	90	68	95	25	34			
37	88	67	94	24	32			
36	86	66	93	23	30			
35	884	65	92	22	28			
34	82	64	91	21	26			
33	80	63	90	20	24			
32	78	62	89	19	22			
31	76	61	88	18	20			
30	74	60	87	17	18			
29	72	59	86	16	16			
28	70	58	85	15	15			
27	68	57	84	14	14			
26	66	56	83	13	13			
25	64	55	82	12	12			
24	62	54	81	11	11			
23	60	53	80	10	10			
22	58	52	79	9	9			
21	56	51	78	8				
20	54	50	77	7	7			
19	52	49	76	6	6.			
18	50	48	75	5	5			
16	47	47	74	4				
15	44	46	73 72	3 2	3			
14	38	44	77		2 1			
13	35	43	70					
32	32	42	68					
11	29	41	66					
10	26	40	64					
9	23	39	62					
8	20	38	60.					
7	17	37	58					
6	14	36	56					
5	11	35	54					
4	8	34	52					
3	5	33	50					
2	3	32	48					
1	1	31	46					

Point Scores will not be scored in excess of 100. Performances which better the top scores above are to be scored 100.

PHYSICAL EFFICIENCY TEST SCORES

SIT-UPS		PULL-UP	3		
No. Sit-ups	Point	No. Sit-ups	Point Score	No. Pull- ups	Point
85	100	44	59	18	100
84 83	99	43	58 57	17	98
82	97	41	56		
81	96	40	55	16	96
80	95	39	54		
79	94	38	53	15	94
78	93	37	52		
77 76	92		51		92
	91	35 34	50 48		00
74	89	33	46	13	90
73	88	32	44	12	86
72	87	31	42		
71	86	30	40		82
70	85	29,	38		
69	84	28	36	10	78
68	83	27	34		
67	82	26	32		72
66 65	81	25	30		
	80 79	24 23	28		66
	78	22	24		58
62	77	21			~
61	76	20	20		50
60	75	19	19		
59	74	18	18		40
58 57	73	17	17		
	72	16			32
50	71	15 14	15		
56 55 54 53 52 51	70 69	13	14		24
53	68	12	12		18
52	67	11	11		70
51	66	10	10		12
50	65	9	9		
49	64 63	8	8		4
48		7	7		
	62	6	6		
46	61	5	5		
45	60	3	4		
		9	3		
		1	1		

Point scores will not be scored in excess of 100. Performances which better the top scores above are to be scored 100.

PHYSICAL EFFICIENCY TEST SCORES

100 YARD PICK-A-BACK			20 SECONDS	300 YARD RUN		
Time	Point	No.	Point	Time	Point	
Seconds	Score	Burpees	Scores	Seconds	Score	
18-	100	13,75+	100	35-	100	
19	95	13.5	97	36	97	
20	90	13,25	94	37	94	
21	84	13.0	90	38	90	
22	78	12,75	86	39	86	
23	72	12.5	82	40	82	
24	66	12,25	78	41	78	
25	58	12.0	74	42	74	
26	50	11,75	70	43	68	
27	42	11.5	66	44	62	
28	36	11,25	62	45	56	
29	32	11.0	58	46	50	
30	28	10.75	54	47	42	
31	24	10.5	50	48	36	
32	20	10.25	46	49	32	
33	16	10.0	42	50	28	
34	13	9.75	38	51	24	
35	10	9.5	34	52	20	
36	8	9.25	30	53	16	
37	6	9.0	26	66	13	
38		8.75	22	55		
39	2	8.5	10	56	10	
40	1	8.25	16	57	0	
		8.0	13		0	
		7.75	10	58		
		7.5		59	-	
		7.25		60	1	
		7.0				

Point scores will not be scored in excess of 100. Performances which better the top scores above are to be scored 100.

Unit Term 3 - Sec 23-24	Number	in Class	at	beginning	of
Institution Ansas University Date Class Commenced Specialized		in Class	at	end of	
Training 4/144	term	41			

Event		Average Performances for Class							
	Tests at Tests at Beginning End of of Term Term Date 2 / 14 Date 4 / 28/44		Gain or Loss in Perform- ance		% Gain or Loss Performance				
	Row	F6(nt	Haw	Paint	Kew	YOUNG.			
Push-Ups	34	-82	35	84		2	3	2.4	
Squat Jumps	58	35	59	86	1		1.7	1.5	
Sit-Ups	54	69	56	71	2	2	3.4	5	
Cill Ups	8	66	9	72	1	6	12	18	
100 Yd. Pick-a-back									
Burpee 20	13	90	14	100		10	7.6		
300 Yd. Run	41	78	40	86		1	2,4	3	
Age	187		19		1/3		14		
Height	69.5		69.7				1,28		
Wei oht	152		157				32		

1. This report is to be submitted (in duplicate) to Commanding General, S.O.S., attention Army Specialized Training Division at the close of each twelve-week term.

- 2. In column one enter the average performances for the class at the beginning of the term or at the end of the last previous term.
- 3. In column two enter the average performances for the class at the end of the term.
- 4. A class is defined as "All trainees who began their specialized training on a given date and who have continued their training in the same group."

 A separate report is to be submitted for each class.

FORM 2. Phys. Ing.

Unit Torm 3 Sec. 23-24	Number in Class at beginning of term
Institution Amous University Date Class Commenced Specialized	Number in Class at end of
Training 2/7/44	term

Event				Avera	age Peri	formano	es for Class	3
	Begi of T	The second secon	End Term				% Gain or Loss in Performance	
Push-Ups	34	82	35			2		2.4
Squat Jumps	50	25	59_	86		1	1.7	1.5
Sit-Ups		69	56	72		2	3.0	
PULL ITE	8	66	9_	72		6	12	18_
100 Yd. Pick-a-back								
Burpee 20	13	90	14	100		10	7.6	8
300 Yd. Run	41	78	40_	82	1	4	2.4	
Age	18.7		19		1.3		24	
Height	69.5		69.7				-28	
Weight	152		157				32	

- 1. This report is to be submitted (in duplicate) to Commanding General, S.O.S., attention Army Specialized Training Division at the close of each twelve-week term.
- 2. In column one enter the average performances for the class at the beginning of the term or at the end of the last previous term.
- 3. In column two enter the average performances for the class at the end of the term.
- 4. A class is defined as "All trainees who began their specialized training on a given date and who have continued their training in the same group."

 A separate report is to be submitted for each class.

FORM 2. Phys. Tng.

Term! -	
Unit Sec 3-4	Number in Class at beginning o term 56
Institution Tansas University Date Class Commenced Specialized Training	Number in Class at end of term
2/1/4+	46

Event	Average Performances for Class							
	Tests at Beginning of Term Date Paw Rout	Tests at End of Term Date Raw Pant	Gain or Loss in Performance Raw Powl		% Gain or Loss Performance			
Push-Ups	2768	29 72	2	4	7	10		
Squat Jumps	A-6 7.5	56+83	8	7	16			
Sit-Ups	496	12/70	1	6	12	18		
oull dos	4.536	55 45		9	2			
100 Yd. Pick-a-back								
Burpee 20	1274	15.190		14	8	10		
300 Yd. Run	42 74	41 78		1	2	2.5		
	17,59	17.55	1 26		1.17			
Hoi wht	69	69.2	12		1.28			
Weight		122	10		1,28			

- 1. This report is to be submitted (in duplicate) to Commanding General, S.O.S., attention Army Specialized Training Division at the close of each twelve-week term.
- 2. In column one enter the average performances for the class at the beginning of the term or at the end of the last previous term.
- 3. In column two enter the average performances for the class at the end of the term.
- 4. A class is defined as "All trainees who began their specialized training on a given date and who have continued their training in the same group."

 A separate report is to be submitted for each class.

FORM 2. Phys. Ing.

Unit Town I Sec. 3-4	Number in Class at beginning of term 55
Institution Manuals University Date Class Commenced Specialized	Number in Class at end of
Training 2/11/44	term 46

Event		Average Performances for Class							
	Tests at Beginning of Term Date		Tests at End of Term Date		Gain or Loss in Perform- ance			in or Loss in ormance	
	Ren	Point	Down	Point	Haw	Polnt	Raw	Point	
Push-Ups	27	68	29	72	2	4	7	10	
Squat Jumps	40	75	56	83	8	8	16	10	
Sit-Ups	49	64.	55	70	6	6	12	18	
POLITIE :	4.5	36	5.5	45	1	9	2	5	
100 Yd. Pick-a-back									
Burpee 20	12	74	13	90	1	14	8	10	
300 Yd. Run	42	74	41	78	1	4	2	2.5	
Age	17.59		17.85		26		-17		
Height	69		69.2		•2		.28		
Weight	155		157		2		2.28		

- 1. This report is to be submitted (in duplicate) to Commanding General, S.O.S., attention Army Specialized Training Division at the close of each twelve-week term.
- 2. In column one enter the average performances for the class at the beginning of the term or at the end of the last previous term.
- 3. In column two enter the average performances for the class at the end of the term.
- 4. A class is defined as "All trainees who began their specialized training on a given date and who have continued their training in the same group." A separate report is to be submitted for each class.

FORM 2. Phys. Tng.

Dr. Bert A. Mash, Coordinator, ASTP, University of Kansas.

Dear Dr. Hash:

I wish to bring to your attention the matter of attendance in the physical training classes. We are desirous, of course, of cutting to the minimum the absences in these classes, many of which appear to be A.W.O.L.

Absences of A-12 students run about fourteen per section per month, and with the AST students run about eighty per section per month. Our experience is that many report and answer the first roll call, then leave and fail to answer the second roll call.

We are, of course, sending in our weekly absence reports to your office, but realizing the tremendous number of details in getting organized, I felt this should be especially called to the attention of you and Col. McMorris.

Very sincorely yours,

Director of Physical Education, Varsity Basketball Coach.

co - Lt. Col. MoMorris

To the Physical Education Faculty:

I have talked with Dr. Camuteson regarding absences of civilian students in Physical Education classes, and I think it would be well for each one of you to understand the general policy.

If the physicians at the hospital regard a student's illness of such seriousness that it would be a detriment to his
health to make up his absences, they will so notify us. Otherwise,
we will expect a student to make up his absences.

I hope you are all exercising your ingenuity and judgment in the matter of advising students who come up with "jook strap itch". Certainly we should encourage them to go to a physician, but in addition we must stress the fact that their clothing must be boiled to check the spread of the infection.

Pick out those follows with dirty gym clothing and tell them to get it cleaned up. Call attention to the signs posted in the gymnasium that filth spreads disease. Many of these follows need to be told about cleanliness; it is a matter of education with them.

Sincerphy yours,

Director of Physical Education, Versity Basketball Coach.

PCA:AH

P.S. If I haven't spoken to you about it already, this is notice that you have been invited by me to attend Rotary at the Eldridge Hotel on Monday, September 15, at 12:30 noon. I would like to have you down there at 12:20, if possible, so that you can meet the Rotarians before the meeting.

October 14, 1943.

Messrs: Porter
Hayes
Schaake
Austin

Dear Friends:

Will you kindly report at Hoch Auditorium on Monday, Tuesday and Wednesday, October 18, 19 and 20, at 8 a.m. and 1 p.m., to assist in the administration of the Army Achievement examinations? Wear your civilian clothes. Report to Lieut. Wilson.

Sincerely yours,

Director of Physical Education.

Janes Calles

October 1, 1945.

Physical Education Instanctors:

This is a reminder that any equipment checked out for class use must be returned to the check room at the end of the class period. Please do not leave boxing gloves, balls, or any other equipment on the floor for the next class. Each instructor may check out necessary equipment, but it must be returned at the end of the period. I need not stress how important it is that we take especially good care of all our equipment at this time.

May I also remind you of the necessity of locking the office door in the evening. Only a few days ago the office was found open late at night and a number of students were going in and out. Valuable office equipment and records are kept here which must not be disturbed. Be sure to close the door when you leave the office in the evenings.

Sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

THE RESIDENCE OF THE PARTY OF T

FCA : AH

September 13, 1943

Messrs: Porter

Meyes

Schaake

Austin

I have just talked to Dr. Camuteson regarding the prevention of injuries in physical training classes. Many of the boys have been going to the hospital with fainting spells, saying the work is too strenuous right after meal time. Certainly we denot want that sort of accusation against us. Go easy on the boys who report for class right after meals, until such time as they can become adjusted. Strenuous exercise draws the blood away from the domesh into the muscles, and their food cannot be preperly digested.

I assured Dr. Camuteson we would cooperate in every possible way. The Army authorities could cooperate, also, by letting these boys cat first, thus giving them more time before their physical training class. I will appreciate every effort you make toward the best possible arrangement.

The boys also are exercising in heavy shees. Use your judgment about this, but the boys wearing hard heels should probably be eliminated from group games with the exception of velley ball or other non-strenuous games - let them do other things. Dr. Camuteson reports there is much trouble among these boys. Shoes with heavy heels are not conducive for agile game play.

Sincerely yours,

Director of Physical Education Varsity Basketball Ceach

September 30, 1943.

Messrs. Howard Porter Vernon Hayes Jack Austin

Dear Friends:

Because of the trip to Denver which the football team and coaches are making on Friday and Saturday this week, I would appreciate it if the classes of Elmer Schaake could be combined with other classes meeting at the same hour on these two days.

I suggest that the 7:30 Friday class meet with Vernon Hayes section; that the 8:30 Saturday class be combined with Jack Austin's section; and that the 12:30 Saturday class be combined with Howard Porter's section.

We are making arrangements for season football tickets for you fellows to reciprocate in a small way for your kindness in taking over the classes during Coach Schaake's absence on trips. Your cooperation is deeply appreciated, I assure you.

Very cordially yours,

Director of Physical Education, Varsity Basketball Coach.

September 21, 1943

Messrs. Howard Porter Vernon Hayes Elmer Schaake

Dear Friends:

Complaints continue to come to us about the late dismissal of physical training classes for the Army students, and particularly the Monday-Wednesday-Friday 9:30-10:30 classes. These boys have a Mathematics class at 11:30, and when they come in late they tell their instructors they were held late in physical education classes.

I want to stress the fact again that these boys must be dismissed early enough to shower and dress, and get to their next class in time. If necessary, divide your groups and send those who have mathematics at 11:30 to the showers earlier than the others. Also, call these boys together and tell them that they must get there on time.

When these complaints are passed about on the campus it reflects unfavorably on the department. I am sure each one of you will cooperate in correcting this impression.

Very sinderely yours,

Director of Physical Education,

Varsity Basketball Coach.

February 15, 1944.

Messrs. Porter Hayes Austin Schaake

Dear Friends:

Dr. Nash, ASTP coordinator, is very anxious that you instructors emphasize to your classes not once, but as often as necessary, the necessity of these ASTP boys getting their gymnasium equipment at the earliest possible moment,

Jack Austin's load is being lightened due to the fact that some of the classes are not being held. Therefore, they are asking Jack to take charge of the supply room - only one man to handle it. Ray Kanehl is working with Dr. Nash, setting perhaps Tuesday and Friday afternoons when Jack shall keep the supply room open and sell equipment to the trainees.

Dr. Canuteson is finding much fault with the fact that the trainees are using G.I. shoes and having a world of foot trouble, sprained ankles, and so forth. It is up to us to reduce this to the minimum, so let us give it our fullest cooperation.

Very sinderely yours,

Director of Physical Education,

Varsity Basketball Coach.

December 20, 1943.

Messrs: Porter
Schaake
Hayes
Austin

I desire to call your attention to the very important item of closing all windows in the drill room of the Military Science Building when your classes are finished. This should apply to the last class in the morning or evening in which you happen to have the floor.

The janitor service there is not comparable to the janitor service here. Therefore, we ask you to accept that responsibility.

Very condially yours,

Varsity Basketball Coach,

Director of Physical Education.

December 28, 1943.

Messrs. Porter
Hayes
Schaake
Austin

The following communication has been received from Dr. Bert Nash:

"To Heads of Departments in AST Program:

As you know, the army is planning to administer the achievement tests on January 3, 4, and 5. If it is possible for you to do so, they would like to have us furnish some assistance in scoring these papers starting on Monday, January 3.

If you have people who would be willing to give as much as two half-days during that period, will you please send me their names and the half-days which they would prefer to work. We will try to satisfy their desires in the matter, especially if they will indicate first, second, third, and fourth choices for these half-days.

Sincerely yours,

Bert A. Nash Director, AST Program."

Without fail I would respond to this request. Will you men please get together and make it a point to carry this out to the fullest extent? If for any reason you cannot comply with this request, please confer with me. I desire to communicate with Dr. Nash at once.

Sincerely yours,

Director of Physical Education,

Varsity Basketball Coache

January 10, 1944.

To Members of the Department of Physical Education:

There have been so many requests to open the gymnasium on Sunday afternoon that we decided to try it, but it just doesn't work without a responsible watchman. There is always destruction of property without proper supervision, and we do not expect to attempt it again.

However, if any of the instructors find it necessary to loan a key to the building to any of the officers, you will be responsible to the point that the building is locked and no one is admitted except the service group or individual concerned. The individual in our department who loans his key is in full responsibility for the actions of the people in the building. This goes for the swimming pool or any other part of the bullding.

The Chancellor holds us responsible, and we naturally will hold others responsible to the same degree in the event any of the Officers have keys to the building they will come under the same regulations as members of this department.

Sincerely yours,

Director of Physical Education,

Varsity Basketball Goach.

August 25, 1945.

Physical Education Instructors -

For you information, any Navy boys who receive injuries in class are to be sent direct to Dr. Key, and any Army boys and civilians are to be sent to the University hospital. Of course, if first aid is all that is needed you will be able to take care of slight injuries. But V-12 boys must be sent to their sick bay; all others to the University hospital.

Director of Physical Education.

Messrs. Porter
Hayes
Schaake
Austin

Dr. Allen has an appointment with the Chancellor to take you gentlemen over to his office for a greeting on Friday morning at 11 o'clock.

HA

Physical Education Instructors -

I do not think it is a good practice to allow individual students, particularly the A-12 boys, to check out equipment at Hoch Auditorium. Students may check out here at the towel room in the gym, as they have done previously. We are having all new balls numbered - with the odd numbers going to Hoch and the even numbers here in the gym.

One of the gardeners recently found one of our balls down below the Geology Building where it had apparently been thrown or kicked out of the building. These balls are valuable and are rapidly becoming a diminishing product.

Do not allow any young teen-age boys in the gymmasium or auditorium. Use your official position to scatter them. They are not University students. No high school boy is permitted to play in the gym at any time except when Mr. Strait brings the University High boys over. We want to cooperate fully with Officer Schick, as he is having a very difficult time in watching the buildings. Sunday some boys broke the lock off the door at Hoch Auditorium and they also pulled the gymmasium door open. Mr. Schick has been very fine to us, and we can cooperate with him in keeping these two buildings cleared of these younger boys.

Sincemely yours,

Director of Physical Education.

FCA:AH

DV - H - 150

Members of Faculty:

Here is a list of the men who will remain in the program after this week. You should withhold their cards at this time and send them in at the end of the 8-weeks of the term.

All of the grade cards should be indicated withdrawn, but also indicate the grade which the man has at the end of this 6-weeks period. Use Incomplete only for those cases for which there are extenuating circumstances such as hospitalization or necessary leave.

Please have the grades for all the men who are to leave now on the cards in my office by Monday evening, March 20th.

Registrais Friday evening - 17th.

Bert A. Nash University Administrator

Reserves, 1st Term

Andrew, Charles A. Anway, Joseph H. Arger, Nicholas H. Atkinson, Roger V. Bailin, Mayer W. Bark, Laurence D. Barkley, Howard T. Boxer, Sidney D. Bradley, Richard V. Burris, Stanley A. Casort, Loren F. Coulter, Eugene L. Dardick, Leon M. Eisen, Charles Farrell, Richard D. Fishbein, Seymour Fleher, Walter C. Ford, Bruce Gordon, William R. Gubera, Charles C. Huskinson, Hal S. Kelley, Hubert W. Kelliher, James K. Kelly, Orris E. Klein, Arthur N.

Larsh, Harry A. Manne, Stanley Martin, John H. Merrims, Ted Nicholas, William Oliver, Earl O'Brien, Earl P. Ortwerth, Marvin J. Parks, John W. Powell, Harry T. Richards, Paul F. Sallwasser, George M. Schalk, Norbert Schilling, Harold Serenco, Harvey Shaw, Neale Simon, Arthur Stark, Clarence D. Tavel, Howard S. Weaver, Richard D. Weber, Paul W. Williams, Norman

Reserves, 2nd Term

Moen, Bruce C.

Reserves, 3rd Term

Abel, Robert W. Alexander, Thomas J. Baum, Bernard H. Brigham, William H. Culp, Kenneth J. Ferree, Carman M. Jenson, Willis J. Johnson, Charles S. Klemmenhagen, Joseph Leonard, Vurnen J. Probst. Samuel E. Scheer, Alfred C. Thompson, Donald H. Untrauer, Raymond E. Wildemuth, Kenneth L. Winslow, William A.

Preprofessional -- To Remain in Schedule No. 23

Benton, John L. Bonk, Wallace J. Carey, James P. Close, Franklin D. Dylo, Edward G. Elder, Edward E. Goward, John R. Haessler, George W. Hamilton, Oliver T. Hanson, John H. Harper, John W. Hickman, Donald M. Hoffman, Edwin K. Jackson, Donald W. Kuzmin, Lawrence R. Liegner, Frank F. McClure, Raymond D. Millard, James A. Moloney, Thomas E. Mueller, Travis II. Over, Jack D. Slutzker, Berkeley Swanson, Richard S. Vernon, James Y. Wall, James G. Waterman, Richard D. Preprofessional Applicants-To Go Into Sched. 24 With
Reserves.

Fisher, William F.

Kingsley, Walter I.

Lyman, William C.

O'Malley, James P.

Ransome, Percy A.

Schuster, James L.

Seidenburg, Martin

Trisan, Theodore A.

Zimmer, Charles E.

MEMORANDUM

from the office of University Administrator A. S. T. P.

AST Instructors:

The following men who were scheduled to remain to finish Term III have been ordered out. Will you please send their grades as of the 6-weeks to the Registrar's Office as soon as possible.

Fisher, William
Kingsley, Walter
Lyman, William
O'Malley, James
Ransome, Percy

Schuster, James Seidenburg, Martin Trisan, Theodore Zimmer, Charles

Bert A. Nash

MEMORANDUM

from the office of University Administrator A. S. T. P.

Date____ 194___ 194____

AST Instructors

There will be 20 form ill men in Schedule 26 this week in addition to the 16 Reserves. The grades for these 20 men have been sent in but they are to be in school just this week and it was decided that they should attend classes. They are to be shipped to the University of Minnesota this week for preprofessional training.

Bert A. Heeh

MEMORANDUM

from the office of University Administrator A. S. T. P.

AST Faculty:

The 8-weeks of this term will be up April 1st. Grade cards for the Reserve and Preprofessional enrollees should be in this office by Monday, April 3rd.

Bert A. Nash

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Dr. Allen

Rob. Gym

University Administrator

Date ____ 1944____ 1944____

from the office of University Administrator A. S. T. P.

Members of Faculty:

Medical aptitude examinations for all form II (Schedule No. 7 to 16) boys Wednesday morning. February 18. No classes for Term II trainces until 12:50.

Bort A. Hash

MUGHAROMERA

to soft to odd mort reserving Administrators 9. T. R. A

Dr. Allen

Rob. Gym