## SEPVICES OF SUPPLY ARMY SPECIALIZED TRAINING DIVISION PHYSICAL EFFICIENCY TESTS REPORT FORM

Unit Torm S Sec. 23-24	Number in Class at beginning of term
Institution American University Date Class Commenced Specialized Training	Number in Class at end of term
2/7/44	

	T							
Event	Average Performances for Class							
	Tests at Beginning of Term Date		Term		Gain or Loss in Perform- ance		% Gain or Loss in Performance	
Push-Ups	34	82	35	84		2		2.4
Squat Jumps	50	25	59	86			1.7	1.5
Sit-Ups		69	56	72	2	2	3.0	5
Cill III -	8	66	2	72			12	18_
100 Yd. Pick-a-back								
Burpee 20	13	90	14	200		10	7.6	8
300 Yd. Run	41_	78	40_	82	1	4	2.4	
Age	18.7		19		1.3		24	
Height	69.5		69.7				.28	
Weight	152		157				32	

- 1. This report is to be submitted (in duplicate) to Commanding General, S.O.S., attention Army Specialized Training Division at the close of each twelve-week term.
- 2. In column one enter the average performances for the class at the beginning of the term or at the end of the last previous term.
- 3. In column two enter the average performances for the class at the end of the term.
- 4. A class is defined as "All trainees who began their specialized training on a given date and who have continued their training in the same group." A separate report is to be submitted for each class.

FORM 2. Phys. Tng.