

SELF EVALUATION

1. Desire to Win
 - a. _____ You will die before you quit, never letting up.
 - b. _____ You talk it up and pep it up always, but on some occasions go a little easy.
 - c. _____ You show enthusiasm until the going gets a little rough.
 - d. _____ You are a front runner, doing well when winning.
 - e. _____ Winning or losing doesn't make too much difference to you.
2. Loyalty (To the team, coaches, and school.)
 - a. _____ You defend every one against criticism; you never make derogatory remarks about anyone.
 - b. _____ You are quiet, but you show loyalty through your actions.
 - c. _____ You show it in your actions when you do not agree with a procedure, but go along with it.
 - d. _____ You voice objections, but go along out of necessity.
 - e. _____ You are an habitual rebel.
3. Natural ability
 - a. _____ You are a natural athlete. Sports come easy.
 - b. _____ You have a lot of native ability, but are carried along somewhat on determination to do well.
 - c. _____ Your ability and determination are divided equally.
 - d. _____ Determination carries you along most of the way.
 - e. _____ You have little or no natural ability; you go only on determination.
4. Aggressiveness
 - a. _____ You hit harder as the game progresses.
 - b. _____ You love contact, never passing up a block or tackle.
 - c. _____ You make contact but don't look for it.
 - d. _____ You make contact out of necessity.
 - e. _____ You avoid contact.
5. Off of the Field Representation
 - a. _____ You are known and respected by the entire student and faculty body.
 - b. _____ You are known and respected by your friends for doing what is right.
 - c. _____ You behave only when you feel like you must.
 - d. _____ You like to play the fringe.
 - e. _____ You are a poor representative of the squad because of your manner and conduct.
6. Blocking -- In Line
 - a. _____ You are off on the number with a terrific uncoil and follow through, getting a picture block.
 - b. _____ You are off on the number with good follow through.
 - c. _____ You go to the right place with fair technique.
 - d. _____ You go to the right place, but seldom get a block.
 - e. _____ You need a lot of work on assignments and technique.