

EVALUATION OF YOUR DEFENSIVE PLAY

1. In what defense (used in the game) did you have the most confidence?

2. What caused you the most trouble? Being blocked? _____
Trapped? _____ Out of position? _____
Faked? _____ Out charged? _____
Poor tackling? _____ Other? _____
3. Were you able to start on the ball every time? _____
a. Did their signals confuse you in any way? _____
b. How? _____

4. What did you find that was new or unusual in your opponents style of play?

5. Was there any time you were not sure of the defense we were using during the game? _____
6. Were all defensive signals given plainly? _____
7. Were you always sure of the position you should assume on defense? _____
a. If not, under what circumstances were you undecided? _____

8. What do you feel you need to work on the most in practice? _____

9. Were you ever confused as to your proper pursuit pattern? _____
a. If so, in what circumstances? _____

10. List the defensive mistakes you made. Give reasons or causes for these mistakes. For example - (1) Lack of practice. (2) Not sure of assignment. (3) Had not been told what to do, etc.

