

PHYSICAL EFFICIENCY TEST SCORES

<u>PUSH-UPS</u>		<u>SQUAT JUMPS</u>			
<u>No.</u>	<u>Point</u>	<u>No. Squat-</u>	<u>Point</u>	<u>No.</u>	<u>Point</u>
<u>Push-ups</u>	<u>Scores</u>	<u>Jumps</u>	<u>Score</u>		
43	100	73	100	30	44
42	98	72	99	29	42
41	96	71	98	28	40
40	94	70	97	27	38
39	92	69	96	26	36
38	90	68	95	25	34
37	88	67	94	24	32
36	86	66	93	23	30
35	84	65	92	22	28
34	82	64	91	21	26
33	80	63	90	20	24
32	78	62	89	19	22
31	76	61	88	18	20
30	74	60	87	17	18
29	72	59	86	16	16
28	70	58	85	15	15
27	68	57	84	14	14
26	66	56	83	13	13
25	64	55	82	12	12
24	62	54	81	11	11
23	60	53	80	10	10
22	58	52	79	9	9
21	56	51	78	8	8
20	54	50	77	7	7
19	52	49	76	6	6
18	50	48	75	5	5
17	47	47	74	4	4
16	44	46	73	3	3
15	41	45	72	2	2
14	38	44	71	1	1
13	35	43	70		
12	32	42	68		
11	29	41	66		
10	26	40	64		
9	23	39	62		
8	20	38	60		
7	17	37	58		
6	14	36	56		
5	11	35	54		
4	8	34	52		
3	5	33	50		
2	3	32	48		
1	1	31	46		

Point Scores will not be scored in excess of 100. Performances which better the top scores above are to be scored 100.