

men, so we organized and
have won three games by scores
54-39, 82-4, 105-51 literally
no competition but good practice.

I have learned one aspect of
B.B. which I have never learned
before, and that is of relaxation.

Up here, I have been getting
plenty of rest, good food, nothing
to worry or fret over (Navigation)
and I must say it makes all
the difference in the world.

No matter how poor the
teams are we play, I can
manage to remain in fairly
good condition.

We beat these kids by
using a very fast break,
and shooting practically