

# VICTORY KEY IN HEALTH

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tion. "You have to live in this world," he continued after ordering, "and I have to eat a heavy luncheon today, so I'm in reverse."

When a copper machine bearing wears out it can't be replaced with wood, he illustrated. So, when the human body burns out a calcium "bearing," it can't make calcium for repairs any more than a machine can make its own copper. It has to come from the outside, which is food with humans.

"Eighty per cent of us have tooth decay because we don't eat the proper repairs," he noted.

As for the WAAC, Dr. Heiser comments thoughtfully that cooking and preparation of proper meals is an immediate job for women who desire to be "soldiers."

He told of the General Electric and Gas companies at Bridgeport, Conn., joining in a training program for 20,000 wives of workers. They are being taught to cook, balance and buy food, as well as to become potential teachers of other women in the city of 125,000.

Dr. Heiser spoke before 400 members of the Chamber of Commerce, the Junior Chamber, the Jackson County Medical society and industrial representatives at a luncheon at the Hotel President.