Core Courses:

The following courses are considered as core offerings, but each student is expected, with the aid of his advisors, to choose courses which are best adapted to his own needs:

Course	Hours	Title
(Core Courses	in Education)	
M165		Theory and Practice of Teaching Adolescence
M294	3	Content and Methods of Physical Education
M240-M340	3	Modern Teaching Procedures
M399		Research in the Theory and Practice of Teaching
Course	Hours	Title
	n Physical Educa	
(Core Courses i	n Physical Educa	
(Core Courses i	n Physical Educa	ation) Principles of Community Recreation
(Core Courses i 100	n Physical Educa	Principles of Community Recreation Tests and Measurements in Physical Education
(Core Courses i 100	n Physical Educa	ation) Principles of Community Recreation

Required Equipment

MEN

Men majors in physical education are required to supply themselves with an especially designed uniform consisting of a pair of short length gray trousers and a gray sleeveless shirt. Rubber soled gymnasium shoes are required, although no specific style is recommended. For men engaged in practice teaching, a pair of full length gray trousers is required.

A tennis racket, tennis balls and a handball and similar individual equipment is required during the semester in which the student is engaged in these

specific activities.

WOMEN

An especially designed uniform is required of all women majors in physical education consisting of a shirt, shorts and sweatshirt. This must be purchased after enrollment. Rubber-soled white shoes and ankle length socks are also required.

Other required uniforms are: For dancing, a long sleeved black leotard; for swimming a one-piece cotton tank suit and bathing cap; tap shoes, tennis racket and tennis balls and similar individual equipment are required for these specific activities.

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