

Soothes, cools, draws, heals

Mag. Sulf. Rub (Upsher Smith) enables the trainer to rub the Epsom salts — in smooth, lubricating solution — right into the tissues. The absorption and penetration of the remedy is helped by hot towels and, when available, a lamp. It is not necessary to use coconut or other oil. One gallon of the Rub goes further than a gallon of trainers' lubricant. Its use eliminates waste, saves a lot of time in moistening dressings and brings the Epsom salts into action in a few minutes.

DIRECTIONS FOR USE

(The Rub may be warmed if desired)

Unbroken Skin

1. Two hot towels.
2. Rub in a palmful of the Rub (more or less as needed), extending well beyond the injured area.
3. Two hot towels.
4. Apply the Rub again.
5. Lamp treatment or hot towels, with massage.
6. Bandage or not, as case requires.

Broken Skin—Abrasions

1. Cover wound with the Rub, without friction.
2. One layer of gauze.
3. Apply the Rub thickly over gauze.
4. Cover dressing with waterproof layer and bandage.
5. Redress as needed.

In cases too tender for rubbing, as in Charleyhorse, saturate gauze freely with the Rub, apply it to front of leg, wrap in loose flannel bandage and leave the dressing in place for twelve hours, and follow with light rubbing.

Will not blister or irritate