Mr. Daniel Chase (6) in Hygeia, states that, "If contests are well controlled and limited to those who are physically fit, relatively little danger may be anticipated from athletic competition. On the contrary, both moral and physical conditions are likely to benefit by the training."

Fred V. Hein and A.S. Randall, M.D. (%) report a study on the effects of the center jump elimination in basketball. This study involved the effect of the loss of weight, pulse recovery, and blood pressure on high school players. These writers concluded that through the elimination of the center jump over a period of time, basketball might be dangerous to some players.

The survey study conducted by the Athletic Journal (8) under the heading "What they're saying about basketball without the center jump." Made by university coaches, is summarized herewith; (a) less fouls are made; (b) less injuries; (c) increase play from six to eight minutes per game; and (d) some coaches say men fatigue faster therefore, need for better substitutes.

Nancy Miner, Pauline Hodgson and Anna Espenschade, (9) who made a study of the distance traversed and the time spent in active play in women's basketball, found that advanced players were active about 30 per cent of the total time consumed in playing two-court games.