

hand draped over my arm. My right hand was around his right elbow, interlocked or intertwined, so to speak. Then I used a pressure with my left hand against his axilla and a pulling motion forward and downward causing the teres minor to stretch from its origin to its insertion. This shortening of the teres minor is one of the causes of the pain in Joe's shoulder. At some time he fell on his shoulder, either hook sliding or slipping on some icy pavement, or on some slick grass, and struck on his elbow. He may not remember this, but if you will question him, doubtless six months prior to his shoulder injury he received such a fall. The effect of this fall on the shoulder caused a tremendous strain on the shoulder joint and a consequent injury to the teres minor.

When you first ask him he won't remember, but you tell him to keep going back repeatedly in checking up on himself and he will find he had such a fall. I have never seen an injury such as the one Joe has without some sort of a violent falling on that right elbow if it is the right shoulder involved.

As I told you yesterday, I had a fall on the left elbow and six months after that injury when I was coaching basketball I found myself unable absolutely to get my hand to my mouth or to reach around behind me into the opposite back pocket. Joe's arm is not nearly as bad as that, but I have known of dozens of cases to respond to this type of treatment that I have outlined, if you keep consistently at it.

This stretching movement, which can be done by anyone, should be employed consistently for quite some time. Hanging from a bar or stretching the arm from the top of a door is conducive to the necessary pull, but it is much better if you have someone else to stretch it than if you try to do it unaided.

I trust that this information will be sufficient. Remember, I told you to call the secretary of the Rotary Club and find the classification of the osteopathic physician in Rotary. It is his son that I remembered having a treatment from and he does an excellent job. I am sure they have diathermy and I am sure that he has an excellent knowledge of how to treat this case as he has been interested in athletics all his life.

I am sending you a statement of my expenses yesterday. I enjoyed seeing you and I got back to the depot in time to catch the 5:40 train which did not pull out until 6:10. The young man who took me down town had to call for some Army officers and we were tied up with a very serious wreck on the highway. Of course, I did not know the train was late and I had visions of waiting