

33W - Advanced Hockey

Practice of advanced technique of strokes, bullies, dodging. Knowledge of rules - corner, roll in, penalty corner, penalty bully, 25 yard line bully, etc. Advanced team tactics, interchange and covering.

33W - Elementary Modern Dance

This course is an introduction to dancing as an art form, based on techniques designed to increase the strength, flexibility and coordinated control of the body. Movement fundamentals and the rhythmic application of these in creating dance composition showing an understanding of form and design are emphasized. The study includes the analysis of music to its form, meter, tempo, and rhythm.

33W - Advanced Modern Dance

This course includes the study of additional fundamental movements and their rhythmic application with special emphasis on more advanced creative activity in discovering original movements, ideas, design and rhythmical patterns suitable for use in composition.

33W - General Physical Education (Minor Sports)

A knowledge of the rules and technique of the following minor sports: Handball, Darts, Deck Tennis, Badminton, Shuffleboard, Ping Pong.

34W - Elementary Social Dance

This course is largely directed to the teaching of basic principles of waltz and Fox-trot rhythms with some time being given to teaching the currently popular variation of these fundamentals. Special emphasis is given to ballroom etiquette and opportunity is given indirectly to acquire a natural social ease.

34W - Elementary Volley Ball

This course presents the technique of passing, serving, setting up and spiking; method of rotation. Team tactics and general rules.

34W - Intermediate Tennis

The fundamental strokes of tennis; forehand and backhand drive, service, volley, lob and overhead smash. Court positions and tactics for singles and doubles. Knowledge of the rules.

34W - Elementary Baseball

The fundamentals of baseball; catching, throwing, pitching, batting, base running. The position and duties of each player. Team tactics; general rules of the game.