

2. General methods of teaching demonstrated and used
  - (a) mass method
  - (b) Use of student assistants
  - (c) Division of class into squads with student leaders
3. Specific methods emphasized and taught
  - (a) Progressive steps in teaching beginners
  - (b) Importance and teaching of personal water safety skills
  - (c) Explanation, demonstration and practice methods
  - (d) Land drills, water drills and use
  - (e) Use of whole and part method

#### IV Time Allotment of Course

1. First meetings--full period of ability testing for purpose of proper grouping.
2. Second meeting--full hour lecture on methods of teaching and swimming techniques.
3. Fifteen meetings--combination lecture, instruction and practice.
4. Last meeting--full hour written test

#### Note of Recommendation for 31M and 33M swimming:

1. 31M swimming should be divided into beginners and swimmers.
2. Former group should be in pool during first quarter (when pool is low.)
3. This course should be definitely coordinated with 33M.