

To complete the Advanced Swimmer course one has merely to develop out of the three basic styles, six others that are but variations, and add to them some miscellaneous water skills which will make of him an all-around swimmer. No pupil may qualify for an Advanced Swimmer Certificate unless he has taken and passed either the Junior or Senior Life Saving and Water Safety Course. It is our belief that this course will be of material assistance to high schools and colleges in conducting a full term or semester assistance to high schools and colleges in conducting a full term or semester swimming program. Successful completion of the course also entitles the pupil to the Advanced Swimmer Certificate.

The general content of Junior and Senior Life Saving and Water Safety shows that the original concept of Life Saving has changed materially. Water Safety is primarily based upon knowledge not to be acquired haphazardly and to be taught as a part of Life Saving. Personal safety and self-rescue skills have a new importance. An instructor who has conscientiously followed the outline is privileged to qualify a pupil as a Junior or Senior who should be quite capable of taking care of himself and have the ability to aid or rescue anyone in danger of drowning by the best and safest method applying to the situation.

In the courses of swimming, Life Saving and Water Safety only qualified and authorized Red Cross Water Safety Instructors may conduct the courses for Red Cross certificates.

An individual who fails to surround himself with the knowledge provided in a Water Safety Education Course but persists in a career of chance-taking in and about the water obviously is gambling with his life. An aquatic accident, logically, is not an accident when it is the manifestation of unnecessary chance, the result of which must surely lead to casualty. Thus the Red Cross dedicates itself anew in helping to make our communities safer and happier ones for the enjoyment of America's number 1 recreation, swimming. Lest we regret!