

TUESDAY, JULY 15, 1941

## Recreation Hi Lights

By CHET GIBBENS

Perhaps some of you have noticed the mass of welded gas pipes at the south side of the playground where the kiddies play. "Monkey mazes" or "jungle gyms," as they are called, are of three sizes. When the smallest one proved to be so popular, a larger one was constructed. After seeing several married couples climbing on them, Dr. F. C. Allen conceived the idea of making a large one for all ages and both sexes in order to help make the program less formal and more enjoyable.

All the fundamental play activities, running, leaping, climbing, and vaulting, are provided adequately by these mazes. They provide exercise for all muscles which leads to relaxation of the whole body. This also promotes mental diversion and aids development of the reflex actions and self-confidence.

It is best to be barefoot when playing on the mazes to insure sure-footedness. This also helps the arches and enables one to become more skillful in the use of their toes and feet. In addition, it helps create muscular coordination throughout the entire body.

For those who have not enjoyed watching the kiddies climb and squirm among the bars, we state that you are missing some enjoyable entertainment. Although this form of recreation is primarily for children, we want it known that the students and faculty members will find it a good way to forget some of their dignity and formality and enjoy themselves to the utmost.

Other facilities are provided for the use of all, and every person is sure to find a means of enjoyment. Coupled with the cool breeze that floats over the Hill, the whole program has proved to be a great success. It is enthusiastically carrying itself with little encouragement from the promoters. The flood lamps, located at strategic points, provide ample light throughout the evening.

We invite you to come out, get acquainted, and enjoy yourselves.

By BUNNY GREEN

Mrs. Josephine Sams, who teaches physical education during the school year in Dickinson County high school and conducts summer classes in Physical Education at K.U., supervises the organized games for the children; her elementary playground class helps her with this. While Mrs. Sams occupies one group of children in this way, Mrs. Dorothy Cress, major in Fine Arts, has a group of little ones on the band platform trying out their rhythmical abilities. They enjoy it tremendously and always have a group of interested watchers.

Mrs. E. Vanek supervises archery which is limited to holders of activity tickets. Her assistants are Evelyn Herriman and Estle Bayles. Mrs. Vanek is a graduate in physical education and the wife of a well-known K.U. man who made letters in basketball in '32 and '34.

Dave Shirk is custodian of equipment. The setting up and taking down of equipment and caring for the playground in general is done by Shirk with the assistance of Chet Gibbons, well known varsity football player.

The "father" of this whole community center is Doctor Allen who needs no introduction, but his enthusiasm is the life of the whole project. His class in community recreation is present each evening taking part in games where needed, instructing anyone who wants to know the rules of the games, and giving general assistance to everybody.

