

will agree with me that swimming
is one of the many sports that
helps make one physically fit.

To be truthful with you Doctor,
I can't say that I am really
physically fit because of
my weight which is 178 lbs.,
but I am at a point that if
I lost some weight I would be
almost to the peak of physical
fitness.

You mentioned in your letter
that the people of Kansas are
beginning to realize that we
are really in war. I was very
pleased to hear this because