

F.C. Allen

TENTATIVE PROGRAM
YMCA AQUATIC INSTITUTES
1940

FIRST PERIOD

- a. Presentation of interesting projects conducted by local associations on:
 - Learn-to-Swim schools or campaigns
 - Co-educational aquatic programs
 - Distance Swim or other special events
 - Pageants or exhibitions
- b. Problems encountered in directing YMCA Aquatic program
 - Health and Safety factors
 - Overcoming fear complexes of the beginner
 - Importance of securing competent leaders
 - Motivating factors aiding progression
- c. Demonstration of skill performances
 - Teaching and testing methods for beginners
 - Teaching and testing methods for intermediates
- d. Recreational aquatics (demonstration)
- e. Moving pictures of swimming and Life Saving

SECOND PERIOD

- a. Class room review period
 - Life Saving and Water Safety (Vol. III)
 - Theoretical Examination
- b. Review of Leader Examiners for appointment or re-appointment
 - Artificial respiration
 - Blocks and Parries
 - Breaks and Carries
 - Equipment rescues
- c. Competitive aquatics
 - Discussion and demonstration
- d. Organization and Promotion of our Aquatic Program
 - Aquatic Committees
 - Aquatic Clubs
 - Board of Examiners
 - Other Aquatic leaders
 - Recognition and awards



Institute Schedule

- May 11-12 - Lincoln, Neb
- May 14 - Ft Leavenworth, Mo
- May 16 - Hutchinson, Mo.
- May 18 - Colo. Spgs. Colo.
- May 21 - Joplin, Mo.
- May 27-28 - St. Louis, Mo.