

FOX TROT ROUTINE

1. Closed Position

4 Walking Steps  
2 Two Steps

Repeat

2. Open Position - 4 Walking Steps

Closed Position - 2 Two steps

Open Position - 4 Walking Steps

Closed Position - 3 Slides and Hold

3. Open Position - 2 Walking Steps

" " - 2 Two Steps

" " - 1 Twinkle Step

4. Open Position - 2 Walking Steps

Closed Position - Step, Step (Turning)

Repeat 3 times.