

Discovered! Complete rest and relaxation!
Achieved scientifically for the first time!

Julia Tuggle

POSTURE BOARD

- improves posture, carriage, poise
- relieves backache, strain, cramps
- aids in correcting round shoulders
- relieves nervous tension, pressure



- Doctors, teachers, clinics recommend it!
- For schools . . . offices . . . homes . . . hospitals
. . . clubs . . . gymnasiums . . . beauty shops.
- For men, women, children — one board
serves the needs of all the family!