Vol. I

Lawrence Kansas

ABOUT HEALUTH

No. 4

THE DOUGLAS COUNTY HEALTH UNIT, City Hall, Massachusetts Street, at llth, functions daily from 8:00 A. M. to 5:00 P. M. Come in and tell us your troubles.

Wanning

SPRING FEVER is just around the corner. Watch your step. Do not let your mind wander. You may find yourself married before you know it.

IMMUNIZATIONS

WE'D like to believe that all evil is on the way out. In a sense it is. On the other hand, the general evolution of things is constantly bringing into view new evils or new aspects of evil, that we had not formerly recognized. So, constant vigilance and continuous effort are required to keep us relatively up to date. These general observations apply to the health situation as neatly as though they were made for it. Nature itself seems interested and persistant in "purging" those less fit, but its methods, while admittedly effective, are crude and expensive. CONSIDER SMALL POX. Nature will give you almost a life time immunity by having it once, but at a cost in lives, up to forty percent of those so immunized, of painful illness of around three days for each immuno, and an average loss of time--fourteen to twenty days. You can buy a satisfactory immunity in any doctor's office for a dollar or two and a negligible illness of a day or two. This man made protection does not last so long as the other and should be renewed every few years, Why don't you do it? THINK OF DIPTHERIA. It was formerly the great killer of children. Lawrence once had an epidemic of around two-hundred cases in a quarter of a year or so and many children died. Under better methods of treatment as now attained, more would survive, but under the present day practice of immunizing, practically no one ever gets ill with it. Your physician will probably charge you around five dollars for such immunizing and you should begin it when baby is about a half year old. TYPHOID FEVER and the paratyphoids should be mentioned. Formerly called "traveler's disease", it was the scourge of adolescents and young adults. As soon as one beca me old enough to move a little out of his home he was sure to be exposed to it. Sometimes it was brought to him at home. It usually killed more soldiers than the enemy did. All different now. Improved sanitation helps amazingly, but the bacterial vaccination is probably the most important factor in the improvement. It is usually done in three doses, has a high efficeincy for four or five years, and should be repeated about that often or a "booster" dose may be fiven each year. IF THE SICK would sequester themselves a little and the well would

stay away from thom when they could as well as not, we would develope a sort of community lessening of disease that would make a nice showing in both morbidity and mortality reports.

A, CHILD SUFFERS AND RECOVERS - PARTIALLY

A friendly but lonesome little girl was liiking on as her schoolmates were receiving immunization treatments. Her parents had not
consented to any treatments for her. She was hurt, depressed and
chagrined because her parents seemed less interested and less informed than other parents. She was near tears, when her face suddenly
brightened with a comforting memory, she said "My daddy vaccinates
his pigs".

PNEUMONIA VS TUBERCULOSIS

NOT so long ago pneumonis was the most consistently fatal of all the commoner diseases. It killed about one in five of all reported or recognized cases. With more practical knowledge of it and improved methods of combatting it, the mortality is now around one in twenty-five. It is still a serious matter but is not the paralyzing scourge it once was.

TUBERCULOSIS, in some respects, is more to be feared than pneumonia. The tendency to get well of itself is probably less than in pneumonia. It is definitely more insidious and does not make its presence known for months, maybee years -- not until it is well established and is about ready to "take over". Recovery, when it occurs, requires about fifty times as much time i.e. pneumonia recovers in two or three weeks, but tuberculosis takes two or three years. Pneumonia, rather rarely, passes itself on to other members of the family or to the attendants whereas tuberculosis nearly always does. While pneumonia blazons its presence from the house top, as it were, tuberculosis skulks about in the darker parts of the house and surrepticiously fastens itself on the feebler members of the family. Pneumonia is obvious but tuberculosis will be found only by careful searching. SUCH SEARCHING may be done in any one of several different ways: the history, the clinical symptons, and the physical examinations are seldom considered before the patient is noticably ill and are, therefore, like "arriving too late with too little". Several tests can be made with tuberculin, i.e. by putting it in the eye, by putting it on the skin (several different methods) or by putting it in the skin. Many qualified mon believe the X-Ray examination is the most practical of all methods for the early finding of tuberculosis. NEXT MONTH we expect to have a team with proper X-Ray apparatus to make photopluorographic (\$63.00 Word) examinations in a mass way in this county

- 1. We should like to see all public or commercial food handlers.
- 2. We should like to see all T. B. suspects.
- 3. We should like to see all known T. B. contacts.
- 4. All toachers should be exemined.

SEE May number of KNOW for fuller information.

DICTAPHONE CORPORATION

MANUFACTURERS AND DISTRIBUTORS OF Dictaphone DICTATING MACHINES AND ACCESSORIES

420 LEXINGTON AVENUE. NEW YORK • TELEPHONE: LEXINGTON 2-3700

March 17, 1944

Mr. F. C. Allen, Director of Athletics, Kansas University, Lawrence, Kansas

Dear Mr. Allen:

For several years we have been offering our friends a colorful chart showing the trend of business over a 100-year period. A new chart has been prepared for 1944 which traces post war trends from 1775 to date. It shows the periods of uncertainty, recovery, primary depression and prosperity following each war.

The 1944 chart also indicates the trend of the Federal Debt, the National Income, Business Activity, Stocks and Bonds, and Cost of Living over the same period.

Because of the widespread interest in post war planning, we believe this new chart will prove of interest in studying the history of business before, during and after other wars. What shapes the peaks and valleys will take in the months following the present war cannot be forecast with certainty but the chart will show what took place in previous years.

If you would like to have a copy of this chart just mail the enclosed reply card and one will be mailed to you promptly.

Yours very truly,

Vice President

CEH:rh



DICTATED TO THE DICTAPHONE

B - 69 MADE IN U. S. A.

Mr. Dudley DeGroot, 83 Thackeray Road, Rochester, New York.

Dear Dud:

My, how long it takes us to acknowledge a greeting: Thanks a million for your fine letter way back in January. You certainly wrote an interesting epistle condensed in a few lines. I am glad that Asa Bushnell put you on some ball games and I am sure that you did a swell job.

I see your name mentioned often in connection with pro football. I imagine the big boys are willing to pay more than the college authorities are, or perhaps you can work them both.

Mrs. Allen hears from Ruth and Bert occasionally. Ruth and Bert came very near coming our way and stopping for a visit. Ruth would have stayed two weeks while Bert was carrying on with some of his work in another section. Mrs. Allen is pretty homesick for California. She wants to go back and enjoy the sunshine, friends and all that goes with California clime and society.

We are all hoping for this thing to be over with so that we can get back to the old American way of life. I certainly agree with you that heavy programs, discipline and drill kill the intercollegiate enthusiasm that we had in pre-war days.

Mrs. Allen is well and she is counting on a visit from our youngest married daughter, Eleanor, who is coming from Philadelphia soon. Bobby, a senior in the medical school at Pennsylvania, will come home in about thirty days to be married to a Topeka girl, and then Mary and the kiddies are coming some time about June. So the old place at 801 Louisiana will take on the semblance of young life again.

I trust that you and your family are well. Please remember me most kindly to them. With all good wishes, I am

Sincerely yours,

83 Thackeray Rd. Rochester, N.Y. Jan. 9, 1944.

Dear Phog:

Your handsome profile appeared in a conspicuous spot on our local sport sheet this morning and I realized I had not sent the Allens a Merry Xmas and a Happy New Year - so here it is, together with the clipping.

Had hoped to see your daughter and her family and Burt and Ruth this Xmas, as a member of the East coaching staff, but at the very last minute they decided they couldn't spare me from our local V-12 unit. It was a great disappointment to both Alice and me for we had counted on it all fall.

Hear from Burt occassionally-now a Major. He was back here in the fall for six weeks but was not able to get time enough to run up here from Wash. so we didn't see him.

Despite war restrictions basketball is still carrying on in this region, altho I must admit the calibre of play is way off. Thanks to your recommendation, Asa Bushnell has assigned me a number of E.I.A.games the past two years, especially at Cornell. This year with Syracuse out of the picture I am not working as many games as usual-altho I have been assigned all of the tough ones.

we have about 800 Marine and Navy boys at UR and while we are glad to have them there is hardly the same spirit and enthusiasm for athletics as during normal times. The kids are so harrassed with heavy programs, discipline and drill that they lack the enthusiasm for good competition. Suppose it is the same everywhere. Kindest regards to all the Allens from all of the DeGroots.

Sincerely,

" Sarry I fargot to. evelose this clipping Aud De Auson

Phooie, Says Dr. Allen To Eastern Basketball

KANSAS CITY, Mo. — (UP) — Basketball, Dr. Forrest C. (Phog) Allen said last night, belongs to the West, and if the 'half-baked, toady lot' of Eastern teams want to

come out, he'll prove it to them.

The volatile Allen, whose Kansas University quintets dominate the Big Six Conference, almost any year, said he'd even turn promoter if it would get the East teams into his bailiwick.

He's made tentative arrangements with the director of the Kansas City Municipal Auditorium and he's all ready to play in St. Louis and Chicago, too, he said. All he needs is a few eastern outfits to accept his challenge.

"Every year," he said, "some of our

teams have gone out there and played those boys on their own courts and with their own officials and we've beat them repeatedly. But this half-baked, toady lot still don't realize it.

"Why, last year they came along with a movie short calling St. Johns University the king of the court. And after the Wyoming Cowboys beat St. Johns in Madison Square

Garden." Rachetter Sternarras + Chroniel
D. SS: No. 7 Son 12, 1944

Mr. Don C. Minkmeyer, Concordia Teachers College, 7400 Augusta Street, River Forest, Illinois.

Dear Mr. Dinkmeyer:

I have your inquiry about "My Basketball Bible", which is no longer in print. I do not know of any copies that might be available.

However, I have written a much newer and more complete text entitled "Better Basketball", which I believe you would find more up-to-date than the other book. I am enclosing some descriptive material so that you may know something of the contents of "Better Basketball.

"Better Basketball" is published by the McGraw-Hill Book Company, of New York, and is available at most book stores and sporting goods firms. It sells for \$4.00. If you should desire an autographed copy I would be very happy to send you one postpaid on receipt of your check or money order for \$4.00.

Very sincerely yours,

Director of Physical Education, Versity Basketball Coach.

FCA:AH



F.C. ALLEN University of Kansas Lawrence Kansas

Dear Six: - RIVER FOREST ILL 2-13-44 Theose send me your "BASKersame Osishe" which I hear is no longer IN PRINT - OR ADVISE Where A copy might ose OBTAines Jours, a 4. Concordia Teachers Cohlege 7400 Augusta Brreet RIVER FOREST ILLINGIS

UNIVERSITY OF KANSAS LAWRENCE

OFFICE OF
THE DIRECTOR OF INFORMATION

February 3, 1944

Dr. F. C. Allen Robinson Gymnasium University of Kansas Lawrence, Kansas

Dear Phog:

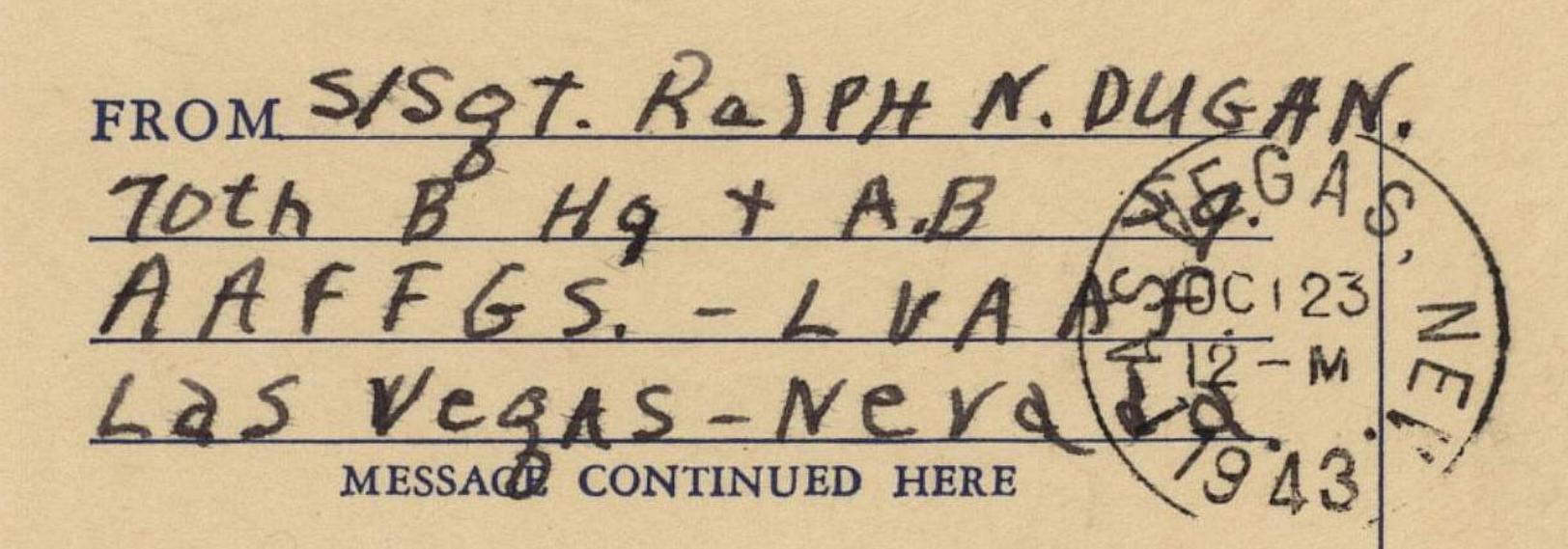
I am enclosing herewith the blown-up enlargement of Wayne Nees and the original. Miss Brown did not think it could be enlarged more because the grain would spoil it.

I hope this will be satisfactory.

Sincerely,

Davidson.

KWD/ml





TO-

Dr. F.C. AlleN.

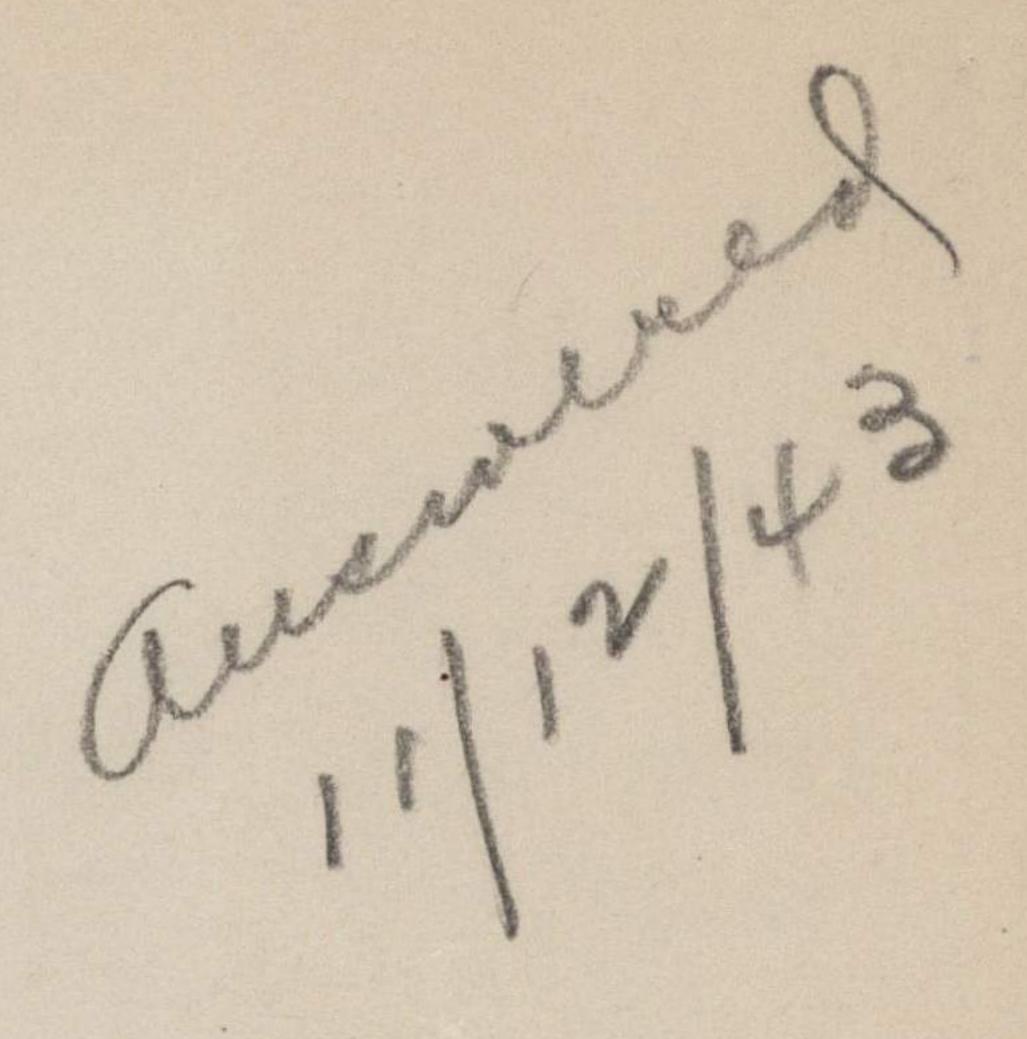
University of Ks
Lawrence

Kansas.

Dear Dr. Allen: Trecieved your gayhawk Rebounds of September, rememberisme. you have a news around to the bays. We have appreciate et, and will remember you alway for it. This finds me gettlely along O.K. my duties here are athletic instructor and Recreation for the appiers. We plan to have a good busketback tesin. I hope everything is going along as usual with your lat till. Red.

MAYFIELD HIGH SCHOOL S. W. DOUTHITT, Principal MAYFIELD, KY.

November 9, 1943



Coach Forrest C. Allen University of Kansas Lawrence, Kansas

Dear Coach Allen:

I note that in your last book on basketball you refer to a film on the fundamentals of basketball. I would like very much to know who owns the film and whether there is rental service on it.

I am enclosing a self-addressed card for your reply. I will appreciate the information very much.

Very truly yours,

S.W. Dourhay

Alan Ar. allew: ____ frank to thank you and your kept. for the lavely Slavers and you for your land the standing The insued like very much to meet mrs. allen and hope when she gets back from her Trip we can all get together. Thank your again, Sincerely, Thory Daugher

Kanember 3, 1943.

Mrs. F. Ben Douglas, Lawrence Memorial Hospital, Lawrence, Kansas.

Dear Mrs. Douglas:

We sent you a bouquet from our office with our best wishes for your continued recovery and for the health of your fine family.

I am sorry that Mrs. Allen left for the East to visit one of our daughters and then is going to California to visit our oldest daughter and some of our grandchildren. I assure you if she were in town she would be happy to call upon you and make you feel the warmth of Lawrence, which is really here but sometimes retarded. We are very fond of your husband.

Sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

FCA:AH

October 5, 1943

Mr. K. W. Davidson Publicity Department University of Kansas Lawrence, Kansas

Dear Mr. Davidson:

We have a request from one of the South American Basketball Federations for a good photograph of Dr. James Naismith for display purposes in South America. They advise us that October 12 has been set aside in South America as Basketball Day and the President of the South American Basketball Federation would like very much to have a good photograph to be displayed on that day in his office.

I have tried at Springfield College, but they do not have a good photograph of Dr. Naismith and I am writing to you as a last resort in the hope that you might be able to furnish us with one.

Thanking you in anticipation, I am,

Very truly yours,

Secretary-Treasurer

DJF:DBB

oc: Secretary of University

Mr. Clifford D. Dean, Superintendent of Schools, Lawrence, Kansas.

Dear Clif:

Thank you so much for your extreme kindness in helping me out when I was leaving town under pressure of duties of several sorts. It was nice of you to do this, and I trust that I may reciprocate your kindness at any time in the future. It was grand of you.

Very sincerely yours,

Director of Physical Education, Varsity Basketball Coach.

FCA:AH

THE NATIONAL COLLEGIATE ATHLETIC BUREAU

AMERICAN Tootball Statistical Bureau

HOMER F. COOKE, Jr. Director

67 W. 44th ST., NEW YORK 18, N. Y. Telephone MUrray Hill 2-1168

June 16, 1944

TO THE DIRECTOR OF ATHLETICS:

Although you have not answered our request for information about your 1943-44 basketball season for use in the Official Guide, we are informed that your school did have a basketball team last winter.

We feel certain that you want to have your team included in the Guide, and to do so, it will be necessary for you to fill out the enclosed questionnaire and return it to this office immediately.

Thank you for your cooperation.

Cordially yours

Richard C. Dunkel, Acting Director National Collegiate Athletic Bureau

RCD:mb

Enclosure

OFFICIAL BASKETBALL GUIDE QUESTIONNAIRE

Please print or typewrite answers and return at once to the National Collegiate Athletic Bureau, 67 West 44th Street, New York, N. Y.

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RETURN TO THE NATIONAL COLLEGIATE ATHLETIC BUREAU, 67 WEST 44th STREET, NEW YORK, N. Y.

(Submitted by)____

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Dear Don:

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Mighty happy to have your letter and to know that you like your work. We have just finished our Jayhawk Rebounds and since there is so much news in the bloomin' thing we will not write a long epistle at this time, but send you a Rebounds.

However, I do want to tell you that Mrs. Allen is fine, but the heat in the last few days is rather getting her down. We had a wonderful July, not a single day above 97 and many of them in the 80's. It had rained and the weather was delightful.

Jane and her husband, Lieut. Mons, navy flier, are due to arrive Friday or Saturday of this week on a five-day furlough. He has not been assigned but has been sitting on the expectant seat for a month now at the Chicago base. Mary, our eldest daughter, is coming from Palo Alto about September 1st. Bob and Jean report Philadelphia hotter than blazes and their apartment is cooking, or at least par-boiling.

Bob says he will be mighty glad to get out of that city where there are so many little fellows with big noses. And I read yesterday where the colored gentry are putting on a show. I believe Bob will manage to stay out of that, however. Bob is not sure that he will stay for graduation, although he is president of his class. He will have to stay for two weeks after the regular work is finished, and Kansas has quite an urge for him, so maybe the implorings of his mother to come may be unavailing.

Mrs. Allen will be mighty happy to hear from you. I will take your letter home for her to read.

We did not start basketball practice because there is a 12team intramural league and that takes all the available material. And frankly, after all the play program that they are having I think practice would be too much for the boys, physically and mentally. They do not have that much time to take from their studies. I had planned on about a 6-team league and then we would spread the games further apart, but with the 12team league to get the jeb done they are playing their games practically every night. I think now what I will do is to meet the boys a couple of times and outline the work for early fall. There is no reason why we should not start basketball in last September with a few drills in the afternoon. Then all the boys will be back soon thereafter. You state that you will be in November 1st, so I think with this set-up all of us can get going early and develop the best possible team under the conditions.

We will be glad to have you back. I certainly shall remember you to your good friends. Take care of yourself.

With all good wishes, I am

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