

Dr. F. C. Allen

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average standards is not physically fit for combat duty.

The reason that some people (sometimes I think it is even the majority of people) believe that these standards are too high is that the American people have been almost completely sedentary during the last ~~few~~<sup>twenty</sup> years. Most people have done so very little physically, either in school or in adult life, that such a comparatively simple thing as chinning themselves 8 or 9 times, or doing 25 push-ups, or maintaining any kind of abdominal strength, has become an unattainable goal. It should prove for all time that ~~the~~ developmental physical education should be ~~a part of~~<sup>included in</sup> all school levels. The lack of physical strength, endurance and agility of civilians coming into the Army continues to amaze me.

I imagine that at K.U., like Stanford, and most of the other college campi, there are a great many changes as a result of the War. Ruth hears occasionally from some of that young faculty group which we had in Volleyball; and, as you probably know, Jim Hitt is a Captain in Texas, Lee Gimmell is a Lieutenant in Florida, and many of the others I have heard about are in the service but I don't recall right now where they are.

Best of luck in the rest of the season, Doc, and please give my best regards to Mrs. Allen.

Yours sincerely,

*Burt DeGroot*

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