

March 7, 1941

Mrs. W.W. Davis
706 W. 12th St.
Lawrence, Kansas

Dear Mrs. Davis:

I want to thank you for your hospitality and your husband's kindness in entertaining me yesterday afternoon. I enjoyed it very very much.

I also promised to send you some information on vitamins. This is the dope: For sometime there has been much interest in the means of building cardiac reserve. Accumulated evidence in the last years would indicate that the giving of bitamin B compound, glycine, and dextrose would aid in restoring cardiac reserve when it is lost through various types of disease and inertia. For several years these methods have been employed in practice and the improvement shown in many of the patients has impressed the general practitioners.

Many of the research men have felt that if this improvement could be brought about in exhausted hearts from disease, then it would be possible to improve cardiac reserve in those who are under great physical strain. We have used these methods on our basketball players the last two years and we have had exceptional results.

We use one capsule of betulin compound three times daily after meals. This is an extract of birch bark and is compounded by Eli Lilly Company. The capsules are quite expensive but if you would like to get some I would be glad to order them wholesale for you.

We also use one tablespoon of dextrin (dextrose sugar made by Burrows & Wellcome) in a glass of lemonade ten minutes before mealtime (once a day).

Also we use one tablespoon of glycolixer (glycine) by Squibb three times a day just before meals.

If you would interested further in this I would be glad to stop by and talk with you. I know it will help you.

With all good wishes, I am,

Sincerely yours,

Director of Physical Education and Recreation
Varsity Basketball Coach

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