II Would you advise bastats of graduated height.

for grade, junior high and high school boys. That additional theories would you advance for compensating height and age? VII. Hair does a tirelre foot bastet strike. work against a zone defense. What difference in the 1938 Bastat ball Rules as compared to the offense and to the defense in regard to enterfering with the ball when it is on the rim or about. The cylinder of the bastel? IX. The elegibility rules invariably state that there shall was bry discrimination for or against the albele. Is there any descrimention against the athlele when he is forced to carry more hours to play than is regnized for any student of the school, to remain a member the student body. Elaborate and Express your

I. Live your opinion on the Leave captain at the class of one season to serve his team for the next year. æssignment I. Morale or Esprit de Corps . Chapter VII I. Défine marale or Esprit de Corps. I Gir an Example of such from your own athlete Experience. III. De Espirt de Corpse nécessary to all uniming organizations? Haw do you develop it, throughfight always or through jesting and fun with relevation? IV Why is number 13 considered lucky or unlecky? V. Do you believe in catering to athleles superstitions VI Outline Describe a betimen-halres talk that you hav always remembered and what resulto Tit brought from the team that reardit

VII Ting you chaire of the poem That you thinks would most fittingly grace the walls of your team's kressing room. Assignment VI. Motivation. Chapter FIII Outline an ideal program using the mimetics of basket ball as the necessary motivation for teaching basis Lundamentals to junior Ligh school boys. Do thes in a 750 word treatise. - Chapter IX Assignment VII. - Chapter TX The Dribble, The Turn, The Stop and the First I Describe the two types of dribble used by players and indicate when they are undicated. II. Describs the Lechniques of dribbling TIT show should the the guard arow the guard out of position?

IV. Describe the alternate use of hands in dribbling for the best accomplishment. I. I Now should stops turns and pirots be tought to obtain the bistresults? I Haw can the dribbles protect the ball from an attacking guard. TI What is a screen? What is a block. Gir definition of Each. TITE Now for back from The dribbler should the trailer be 3 IX Describe the position of the feet of a piroting player who executes no stops and turns correctly. I. There there is no set screening on a play of where two offensive men are working the ball ento the bastel against one defension man what style of offense, should the time time were?

I. D'éline the théory of perfect offence. Il What is a camera eye in basket ball. TI. What is a poker-face passer in basket ball.

The Who was Blind Boone? Why are players called Blind Brome?

T. Describe the blind fold test in basket shooting. The Describe the one-arm over-shoulder hook pass.

The How should the offensive player slight after making an over-shoulder hook pass? VIII Harr does offensir player follow nie adrantage after lampleting an arri-shoulder rook pass. IX Describs the alternatives if the rook passer is confronted with a near-innicible greated who happens to be too near to the Trook passer. I. How do you make pusses Easy to handle? amplify.

Cessignment VIII Chapter XI Shots and Held Balls - TI I Diagram the back board for shooting practice and explain the different shooting zone areas. I Diagram the air paths for arch shots and lexplain the throng connected with this type of shot. It. Explain the advantages of the push arch shot over the free thread shot as an offension mappour. It Explain the correct technique of shooting The push arch shot. I. My is follow through so necessary on shooting the push arch shot. I. What part do the Thumbs play un apush arch shot. Set out the faults of the player who incorrectly shoots a push arch shot. VIV. Explain the best method of developing The successful free throwing games. It. Describe the technique of the one hand English shot.

Elaborate on the correct method of the forward recovering a rebained of the backboard.

Assignment IX Chapter XI Shots and Held Balls I Explain how, forward recovers, ball after held ball.

ball "and before referee declares held ball. Il Elaborate upour a second method that the forward may choose to obtain a held ball Krow Lis opponent. III Give the merits and demerits of the pirat-past play as an offension response in present day basket ball. IV. State your preference and girt reasons why you prefer the one-hand or the two-hand pivot spin shot off of the post play

I Do you prefer the single pirot-pass

play at the side lane or the double pirot-play in your offensen set-up? Gir reasons. If you do not use Either of these two offensin styles please either of these two offensin styles please state what play you think is superior to the single or double pirot postplayandging reasons.

æssegnment X The Evolution of the Offense XX. I Tive in gour om nords and not en the words of the text, a 200 more discussion on the Evolution of the offense. I Write 200 words on the legal term sereening and 100 words on blocking. III Describe The three types of Lewdomental screen plays, diagraming an Example if each type. Objecter To Name the nine principles of war and Endeavor to reconcile the nine principles of war with mine paralell principles of basket ball. V. Diagram 3 serven plays that are not in the text and explain the mormento of all fin of the offensing men. II. Show your own method of working the ball down the court after your quard has recorred the ball off of the back board.

assignment X coul. Chepters XIII, XIV and XV VII. Siagram and Explain the throng of the rolling offense when using three men in a practice drill. VIII Gire three practice game drille that in your opinion die invaluable for decloping fundamentals. Elaborate on Each game.

It mhat bruefit to a team is the Crow and Crane game. Tell when it should be used. I. Describs The Steek Em Keep away" game and its outstanding benefits. It Diagram one formal offensiers practice drill incorporating in The drill most of the necessary Lundamentals. Explain your Theory in regard to the benefits dering.

Cessignment XI.
Chapter XVI, XVII, XIX. Offensing Plays From Out of Bounds and at Center. I Euplain the tep-off lanes and your system of signaling for a play. II. Explain what signals are necessary for out of bounds plays. Also gin fins out of bounds plays that should provide Diagram two offensers plays against a zone defense. Also explain hand a zone defense. Also explain hand and when the men more to their respecting positions. TV. Du a faur hemdred mordartiele Explain the Evolution of the defence. V. Write a fire hundred word article on the special defensing situations that a coach should drill this teams upon.

Assignment IX Continued. (13) Chapter XII The gralities of an Excellent quard. TIT. How should a guard conduct himself orher he is outnumbered two to one and the apparents have passession of the ball under or near their own basket? Elaborate. TITE Explain how a successful quark breaks up the apparents dribble. IX Explain fully the technique of jumping for the ball wither at the pumping for the pump after held ball. The center jump or the pump after held ball. I Lin the correct technique of successful guard just immediately after trior to and immediately after fine to and immediately after his recoverists. The ball off of the Lis tefende/opponents offensing back board.

æssignment XII. The Stratified Transitional Man for man Defined with the Zone Principle. Write one thousand words on the stratified transitional man-for-man defense with the zone principle, beginning with two offension men against one defension man and build up until you have completed the entire setup Of fire offensire men against defansir m The second secon

Assignment XIII.

Chapter XXI XXII XXIII

The Trainer and His Equipment. 'and XXIV. I Discuss thoroughly the trainers to to responsibility to his men and to the training room by givene. This weludes The care of the Equipment rooms and all related paraphenalia. What weissey items would you include in your "Nor Bag" for Emergency treatment dud for the general care of the athlete? Il Tire a definition of a sprew, of a dislocation, of a fracture.

Give the proper emergency treatment
for a serve sprain with a suspected, fracture present. TIT. What function does adhesing to muscles and ligaments, in eases of serve strains and sprains. The same of the sa .

Cessignment X III Iv Det aut certain dangers in applying adhesive tape. Else your own sing this question Knowledge when auswring this question V. Describe the causes of stone bruise of the head and the correct taping to enable the athlete to play necessary to enable the athlete to play

æssignment XIV. Emer ganciers, Chapter XVIII. I. Name some if the most commonly used and the most reliable autiseptics. That is the best method of Eradicaling small pumples and tiny socialled boils? The When boils are coursed from other things than unsamitary athletic Egripment what precautions should be followed? IV, Write 500 words our proper care of the feet both presenting and theraputes. V. State technique of stopping nose bleed. VII. What is calanch of the Long throat! How treated.

VIII What is a good flu premating? IX. Gin treatment for cold sores on lips. I. Heat. Describe the so-called athlely heart.

Officials and Officialing See Rule Book note-Please use assignment To complete, Course 600. using all of The 14 guestions.

ASSIGNMENT Vo

OFFICIALS AND OFFICIATING

ASSIGNMENT:

My Basketball Bible, pp. 132-146
Spalding's Official Basketball Jide for the current year.

QUESTIONS:

- 1. What are some or the requisites of a good official?
- 2. What can you say of the coach's duty to the referee?
- 3. Write up a playing contract for two teams. Designate guarantee, the time of agreement upon officials, the agreement on eligibility, the starting time of the game, and state the rules under which the teams shall play, and state any other necessary details that would make a bona fide agreement between two schools.
- Diagram a regulation basketball court, showing the dimensions of the playing court, the free area necessary around the court, the heighth of the basket from the floor, the distance of the basket from the back-board, the size of the basket (diameter, in inches), the free throw circles and lanes, and the size of the center circle.
- 5. State size and weight of ball. Is there an official ball by a trade name required for the game? If so what?
- 6. State in detail what is required of a substitute before he goes on the court to enter play. Give in detail what is required of each officer of the game in this situation.
- 7. Two players of the same team have the same numbers on their jerseys. This fact is not discovered until after the game starts. What should be the rulling of the referee when objection by the opponents is made to him about these numbers? Note: There was no deception involved. Two sets of uniforms were in use and the same numbers came from the different sets ordered in different years. The offending team claimed that this was merely an accident.
- 8. Player of Team Ao in a fit of coughing leaves the playing floor to expectorate. The captain of Team Bo makes objection to this move to the referee and insists on a foul being called on Team Ao under the rules. What decision should be made in this case? Give reasons of the rules of the reasons of the rules of the reasons of the rules.
- 9. Between the halves of a game the referee is accosted by the coach of one of the competing teams and is openly insulted by being accused of deliberately trying to favor the opponents. What could be done by the referee in this situation?

PHYSICAL EDUCATION
BASKETBALL (FOR MEN)
ASSIGNMENT V
Page 2

- 10. In a game where both a referee and an umpire were working, the umpire, as he was working his side line, overheard the coach of one of the teams use abusive language about the referee and his decisions to one of his players. What right has the umpire in such a situation?
- Three members of the same team committed fouls, simultaneously, on the same player who was in the act of trying for goal. The first member of the team charged into the opponent who had the ball; the second member struck the opponent's arm in an endeavor to get at the ball; the third man, coming after the ball, charged in using unnecessary roughness. How many free throws should be awarded?
- 12. Does the umpire have authority to call an out-of-bounds play?
- 13. Shall the referee, the umpire, or the scorer notify the player when he has made three personal fouls? Why?
- 14. A player of ream A jumps upon the shoulder of one of his teametes. The ball is quickly passed to him in this position and he scores. What should be the referee's decision in this case?

KK

æssignment XVI. Teaining, Conditioning and Practicing.
Better Basket ball chapter XXVIII Note - Incorporate all of assignment II with exception of change from my Basket - ball Bible to Better Basket ball, Chapter XXVIII.

ASSIGNMENT II

Training, Conditioning, and Practicing.

Lieutenant Rene Fonck, one of the most celebrated French aviators, says, "One must be in constant training: always fit."

ASSIGNMENT:

My Basketball Bible, pages 1 to 6; page 31; pp. 156-173.

References: Anatomy and Physiology, by Jesse Feiring Williams,
Columbia University, N. Y.

Personal Hygiene Applied, Jesse Feiring Williams,
Columbia University, N. Y.

Athletic Training, by Michael C. Murphy,
Chas. Scribner's Sons.

Indicate always in your lessons that you have covered the reading assignments, but feel free at all times to inject opinions gathered from other study or from your own experiences, being careful to include the mames of authorities read and their articles.

QUESTIONS:

- lo Who usually acts as trainer to high school teams? What should this man know about the plysical care of his men? Answer this last question in two sweeping statements.
- 2. Why should a team have a team-physician? What should his duties be? Especially at the beginning of the season?
- 3 Is there a difference between training and conditioning? In so, what?
- 4. Aside from caring for the physical well being of his men the trainer has another duty to perform. This is a responsibility for the mental well being of his players. Elaborate upon this statement. "The trainer has a two-fold responsibility to perform." Discuss fully.
- 5. Discuss separately the place of each of the following liquids in the diet of the athlete. (a) Water (b) Milk (c) Cocoa (d) Coffee (e) Tea.
- 6. What do you have to say about the use of tobacco among athletes?
 Do you or would you allow a man who persistently breaks training during the playing season to continue on your team and to participate in the games? From your own observation of the effects of tebacco upon the physical and mental reactions of your men what can you contribute to the discsssion of the use of tebacco among athletes?

PHYSICAL EDUCATION, COURSE 1
BASKETBALL FOR MEN
ASSIGNMENT II, page 2

7. Give at least one contribution on this subject of tobacco and its effects upon growing boys from an outside authority of your own choice. State reference.

Emerson and Betts, in their volume called Physiology and Hygiene, say the following, which is worth passing on as it comes from actual research:

"Boys who want to be athletes (and what boy does not?) will be interes in an investigation made in six different colleges and universities by Professor F. J. Pack to discover the relation of tobacco to success in football

"Professor Pack found that in these schools there were ninetythree smokers and one hundred seventeen non-smokers competing for
places on the teams. Of the ninety-three smokers thirty-one, or
thirty-three per cent procured places. Of the one hundred seventeen
non-smokers, seventy-nine, or sixty-seven per cent, secured places.
The non-smokers therefore beat the smokers out two to one. Professor
Pack's conclusions are:

(1) Only half as many smokers as non-smokers are successful in

football computition.

(2) Smoking is accompanied by a loss of lung capacity amounting to about ten per cent.

- 8 Elaborate, either pro or con, according to your own ideas developed from observation or from authority, which should be stated, upon this statement, "The use of tobacco among boys interferes with their mental work".
- 9. Do you believe that definite setting-up exercises aid in getting men into shape for the season? If not, what would you substitute instead? If so, give directions for at least three such exercises.
- 10. Discuss staleness from the following outline: Who is sometimes to blame for the staleness of a team? Why? How can a coach tell when a man in getting stale? What does the eye show? The weight? Name some aids in the prevention of staleness. Give a diet for the cure of staleness. (Arrange this diet exactly as you would for your own men). In averting or relieving staleness what value do you place on "Contentment"?.
- 11. Give your typical pre-game diet and state reasons for your arrangement of this particular menu.
- 12. Discuss your ideas of practice sessions: At what time in the fall should practice begin? What disposition would you make of your football men who report for basketball practice? Do you favor night or afternoon practices? Why? What should be the length of a practice session? When should actual scrimmage begin? What part of your practice hour would you devote to actual scrimmage? What part to fundamentals?

Professor allen Physical
Department of <u>JEducation</u> Description
Dear Professor allen: Jane Dunn from Sterling Coolege in has applied for examinations in the following courses for credit in the School of ducation:
Courses Hours Grades
Personal Hygiene 2
Reason for examination for credit: Work taken by C.S. Information concerning course:
School not accredited Studie
Information concerning course: I School not accredited Study Jor Correspondence Study work,
A card is enclosed on which credit is to be reported, when baken
Respectfully submitted, is sent your of M, E, Rie on grading
Chairman, University Committee

Chairman, University Committee on Examinations

Recommendations in regard to examinations for credit adopted by the College Faculty, January 16, 1934:

- "(4) That the examinations be given by the Senate Committee on Examinations on questions furnished by the respective departments.
 - (5) That the examination questions, and examination paper after the latter has been graded by the department from which credit is requested, shall be turned over to the Senate Committee on Examinations and by that committee filed with the Advanced-Standing Committee of the University for permanent records."

Mr. Thllace A. Schroeder, Marion, Manson.

Donr Talluca

as well as my teaching work in Sumer School, and I have neglected to grade your papers as promptly as I should have. Your first essignment was on June 19th, but we had so many other things to do that it was difficult to get to your assignment until this past week-and.

I have gone over each one of your papers very carefully and have made notations on the margin space and sometimes at the end of the last sheet of your assignment. I am impressed with your carnestness.

I would suggest that you read the text, "Better Basket-ball", very carefully, especially on the individual offense and the individual defense. It would not be a bad idea for you when you read the exposition to watch the photographs closely and then stand in front of a mirror at your home or elsewhere and see if you can imitate those stances and movements. After reading a paragraph get a ball and without taking the shots go through the minetics. I suggest this practice to a good many coaches who wish to brush up on their fundamentals and without showing the outside world their weaknesses. They have failed to obtain these fundamentals while in college due to the fact that they may not have been used or they are never to their college existence. For that reason I believe it is always well if you can see how you look in a pose before you can expertly teach semeone else.

The Tales of Yesteryears, in the back of the book, are intended to awaken other teaching possibilities in the minds of young coaches. Too many individuals take the basic fundamentals and with no thought of the possibility of grandeur to the boy teach in a presaic fashion. Every school and every community has its traditions. You can either keep alive or upon up new fields for the boys' thinking and action.

Then there is the chapter on Treatment of Athletic Injuries. That is a very vital part; in fact, that is one phase of teaching that generally the teacher knows less about than any other specific problem that he has to contend with. It is for that reason that a person who is gifted in these values will win many games that a contemporary who has not these acquisitions will fail.

Then there is the matter of conditioning and training. Conditioning is getting the individual athlete in shape. Training is the spirit that causes a boy to say "no" a thousand times to temptations that destroy his efficiency so that he may say "yes" once to victory and to clampionships.

I trust that you will see these possibilities in the course and that you will elaborate upon them a little more than you have in the past. I would be very happy to have you express yourself further as you have in your previous lessons.

Very sincerely yours.

Director of Hysical Education and Recreation, Varsity Baskethall Coache

FCA *AH

Miss Ruth Kenney, Secretary, Bureau of Correspondence Study, University of Kansas.

Dear Miss Konney:

Wherever possible I endeavor to awaken in the minds of some of our correspondence students more initiative than they show themselves in the way of versatility. Often there is a tendency to follow too closely the text without taking advantage of collateral reading and outside experiences. And then to have them express those thoughts with a confidence is my desire.

I am sending you a carbon copy of the letter that I have written Mr. Schroeder, and I am returning herewith his lessons with an explanation of why I have been a little slow.

Thanking you for calling my attention to the matter,

Very cordially yours.

THE REPORT OF THE PARTY OF THE

The same of the sa

FCA:AH Mino.

I an

Director of Physical Education and Recreation, Varsity Basketball Coach.