

Assignment XIII.Chapter XXI, XXII, XXIII  
'and' XXIVThe Trainer and His Equipment.

I Discuss thoroughly the trainers ~~to~~ ~~his~~ responsibility to his men and to the training room hygiene. This includes the care of the equipment rooms and all related paraphernalia. What necessary items would you include in your "War Bag" for emergency treatment and for the general care of the athlete?

II Give a definition of a sprain, of a dislocation, of a fracture. Give ~~the~~ ~~proper~~ correct emergency treatment for a severe sprain with a suspected fracture present.

III. What function does adhesive tape, when properly applied, perform to muscles and ligaments, in cases of severe strains and sprains.