

ASSIGNMENT VIII.

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15. Why is "follow through" so necessary on shooting the push arch shot?
16. What part do the thumbs play in a push arch shot?
17. Set out the faults of the player who incorrectly shoots a push arch shot.
18. Explain the best method of developing the successful free throw in games.
19. Describe the technique of the one hand English shot.
20. Elaborate on the correct method of the forward recovering a rebound off of the backboard.

WJ