

## ASSIGNMENT X

## Chapter XI.

## Shots and Held Balls.

REFERENCE: Better Basket Ball incorporating Technique, Tactics and Tales.

1. Explain one method how a forward recovers the ball after "held ball" and before referee declares held ball.
2. Elaborate upon a second method that the forward may choose to obtain a held ball from his opponent.
3. Give the merits and demerits of the pivot-post play as an offensive weapon in present day basket ball.
4. State your preference and give reasons why you prefer the one-hand or the two-hand pivot spin shot off of the post play.
5. Do you prefer the single pivot-post play at the side lane or the double pivot-play in your offensive set-up? Give reasons. If you do not use either of these two offensive styles please state what style of play you think is superior to the single or double pivot-post play and give reasons.
6. Write 200 words on your conception of the qualities of an excellent guard.
7. How should a guard conduct himself when he is outnumbered two to one and the opponents have possession of the ball under or near their own basket? Elaborate.
8. Explain how a successful guard breaks up the opponents dribble.
9. Explain fully the technique of jumping for the ball either at the center jump or the jump after held ball.
10. Give the correct technique of a successful guard just immediately prior to and immediately after his recovery of the ball off his opponents offensive back board.