1	ricula in science, music, the arts, crafts, and other areas of
2	education.
3	(c) Opportunities for field trips to study in neighbor-
4	hood and surrounding environs the history, geography,
5	culture, and work life of our country.
6	(d) Opportunities for group living in which individuals
7	become adjusted to others, achieve group membership, ac-
8	quiring a sense of belonging, and learn the basis of individual
9	and social fitness in a democratic state.
10	(e) Opportunities for out-of-school youth to experience
11	advanced programs in camping and to stress training in
12	preparation for life work and citizenship obligations.
13	(f) Opportunities for simple, vigorous living to promote
14	physical fitness through appropriate body-building activities,
15	proper nutrition, health instruction, and rest.
16	PART III—PROVISIONS APPLICABLE GENERALLY
17	ALLOTMENTS TO STATES
18	SEC. 31. From the sums made available under sections
19	11 and 21 of this Act the United States Commissioner of
20	Education (hereinafter called the Commissioner) shall ap-
21	portion annually to each State an amount which bears the
22	same ratio to the total amount made available as the ratio

23 of the number of children five to twenty years of age, in-

24 clusive, in the State, bears to the total number of children