

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30- 9:30						
9:30-10:30						
10:30-11:30						
11:30-12:30						
1:30-2:30						
2:30-3:30						
3:30-4:30						
4:30-5:30						
7:30-8:30						
8:30-9:30						

A lighter schedule, or earlier rising, will practically eliminate evening study from such a program. Saturday afternoon and at least one evening during the week can almost always be left free. If you are working on the outside your working hours should be included in the schedule, but if you cannot still allow enough time for study and have a little left for recreation you are probably carrying too heavy a schedule.

5. Sunday has been left out in the chart above. There is always plenty to do on Sunday; it is a good shock-absorber, and one need not be a Puritan to believe that one day's rest in seven is good for him, if he can get it.

6. Write into your chart the hours which are beyond your control: class periods and outside working hours.

7. Put in the time for studying each subject. If possible, study a subject immediately after your class meets. This has three advantages: (1) You are more interested then. This is especially helpful if it is a subject you find rather dull anyway. (2) Less time will be needed for review and you will be less likely to be confused as to the assignment. (3) The following recitation will review what you study, after a lapse of twenty-three hours or more. By this you lose the advantage of recency when you recite, but you will learn more by considering the matter at two separate times instead of only once, as happens when you study just before class time.

8. Study an hour or two at a time on one subject. When you are studying interesting material and material which you are trying to learn by reasoning rather than pure memory, longer periods are usually better. It is distracting to have to keep one eye on the clock all the time because of very short periods.

9. When it is time to start, start with a determination. The water is never so cold if you dive in as it is when you inch in, not to mention the waste of time.

10. When it is time to stop studying one subject and begin another, do it. Otherwise you will let the more interesting study regularly encroach on the time of the less interesting. Everything else being equal it is better to put less interesting study before the more interesting, as you probably know from experience.

11. If the assignment doesn't take all the scheduled time,--and it often won't,--why not use the extra time to ensure yourself of more than ordinary learning? Reviews, and going beyond the requirements of the assignment, are