

Headley, L. A., How to Study in College.

Chap. XIV. How to invest time. Emphasizes the importance of checking on time expenditure, working according to a definite program and salvaging odd moments. Very good.

Kornhauser, A. H., How to Study.

Chap. IV. System and regularity in study.

Maintaining a Proper Environment for Study:

Book, W. F., Learning How to Study and Work Effectively.

Chap. XV. Making conditions favorable for work. Discusses conditions which may be standardized, such as time and place habits, seeking quiet, standardizing materials to be employed. The effects of weather on efficiency, and checking up on methods and plans.

Studying Which Basically Involves Problem Solving and Reasoning:

Book, W. F., Learning How to Study and Work Effectively.

Chap. XX. Gives a brief explanation of the reasoning process, suggests aids in reasoning and summarizes special habits to be established and difficulties to be overcome.

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Chap. IX. How to reason. A good discussion but somewhat over-weighted with psychology and logic. More difficult for a student to read and understand than are most chapters in this reference.

How to Concentrate:

Book, W. F., Learning How to Study and Work Effectively.

Chap. XXI. A comprehensive and practical treatment of concentration of attention. Very good.

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Chap. III. Contains suggestions regarding the relation of purpose, initiative, physical alertness, and distraction, to concentration. Largely a simplified discussion of general psychology. Good but not as detailed as the first reference.

Kornhauser, A. H., How to Study.

Chap. III. Conditions favorable for concentration.