

OUTLINE OF COURSES

(Students may also combine athletic courses with those offered in other departments.)

P.E. S2. Calisthenics (Free Exercises).—Systems, value, method, and progression. Typical lessons for corrective and responsive work. Emphasis on progression and the method of presentation. The simplest and most explanatory terminology. Theoretical and practical work. MWF, 3. (½ credit hour.)

Mr. PRICE

P.E. S3. Tap and Gymnastic Dancing.—Theory and practice. System, progression, and method of presenting tap and gymnastic dance steps for class or individual instruction. Theory, personal proficiency, and practice teaching. MWF, 2. (½ credit hour.)

Mr. PRICE

P.E. S10. Apparatus and Tumbling Stunts.—Theory and practice of gymnastic stunts which may be used in high-school and college gymnasium classes. Course includes work on the tumbling mats, horizontal bars, rings, parallel bars, etc. TTS, 2. (½ credit hour.)

Mr. PRICE

Ed. S18a. School Program of Physical Education.—Lectures on the sociological need for physical education; the educational, health, and recreational significance. Discussion of what the program should include. Present tendencies in the physical education movement. Same as Ed. 7 in part. MTWTFS, 1. (2 credit hours.)

Mr. PRICE

P.E. S7a. Training Theory.—Theories of Training, massage, treatment of sprains, bruises, etc.; bandaging and first aid. This course should be taken by all those who take S4, S1, or S8. W, 4. (½ credit hour.)

Associate Professor STAFFORD

P.E. S7b. Training Practice.—The various sections will practice bandaging, massage, and the treatment of injuries which are discussed in S6a. M, 4; F, 4. (No credit.)

Associate Professor STAFFORD

P.E. S4a. Football Theory.—(First three weeks.) Particular emphasis placed on coaching points involved in all phases of work discussed. Instruction in all individual and team fundamentals; discussion of offensive and defensive styles of play; training and conditioning of players; rules from viewpoint of coaches, players and officials; generalship and strategy; players' equipment, etc. MTWTFS, 8, 9. (2 credit hours.)

Assistant Professor OLANDER

P.E. S4b. Football Practice.—(First three weeks.) The practical work will include punting, drop-kicking; place-kicking, kick-off, and forward-passing; tackling dummy and charging sled; special drills for linemen, ends and backs; following the ball, interference, and team work; fundamental plays, freak plays; and signal systems. MTWTFS, 11. (½ credit hour.)

Assistant Professor OLANDER

P.E. S1. Basketball Theory and Practice.—(Last three weeks.) The course will cover passing, goal-throwing, dribbling, team-play, conditioning a team, and the different styles of play used by the leading coaches. MTWTFS, 8, 9. (1½ credit hour.)

Mr. RUBY

P.E. S8. Baseball Theory.—(First three weeks.) Lectures on the theory of batting; baserunning; proper methods of fielding each position; teamwork and coaching methods; study of rules; and a general study of fundamentals. Demonstration of theory on playing field. MTWTFS, 10. (1 credit hour.)

Professor LUNDGREN