

P.E. S11a. Swimming—Theory and Practice.—Includes methods of teaching beginners, principles of beginning swimming, advanced swimming, distance strokes, speed strokes, coaching swimming events, conducting meets. TTS, 4. (½ credit hour.) Mr. PRICE

P.E. S11b. Diving and Life Saving.—(100 yard swim required to enter.) Includes diving, fundamentals of spring board diving, simple dives, fancy diving, judging in diving competition. Life Saving—Training in methods of release, rescue, and resuscitation, preparation for the American Red Cross Senior life saving test and the examiner's test. TTS, 3. (½ credit hour.) Mr. PRICE

P.E. S9. Health Education and Corrective Gymnastics

Health Education—Particular emphasis on the practical application of the various health habits suitable for high school and college students. Construction of practical health programs for specific situations. Instruction in other phases of the health program; hygiene of the school plant; physical education as a health factor; the health of the teacher; health examinations; control of communicable diseases; hygienic arrangement of the school program; mental hygiene, etc.

Corrective Gymnastics—Physical Education in its broadest sense, the handling of the physically subnormal. Flat feet and other foot disabilities, body mechanics, constipation, hernia, joint dislocations, the after treatment for broken bones and fractures, etc. The prevention of deformities, or the cure or correction of physical disabilities. MTWTFS, 7 a.m. (2 credit hours.)

Associate Professor STAFFORD