

KANSAS STATE COLLEGE  
OF AGRICULTURE AND APPLIED SCIENCE

DEPARTMENT OF  
PHYSICAL EDUCATION AND ATHLETICS  
MANHATTAN, KANSAS

July 16, 1938

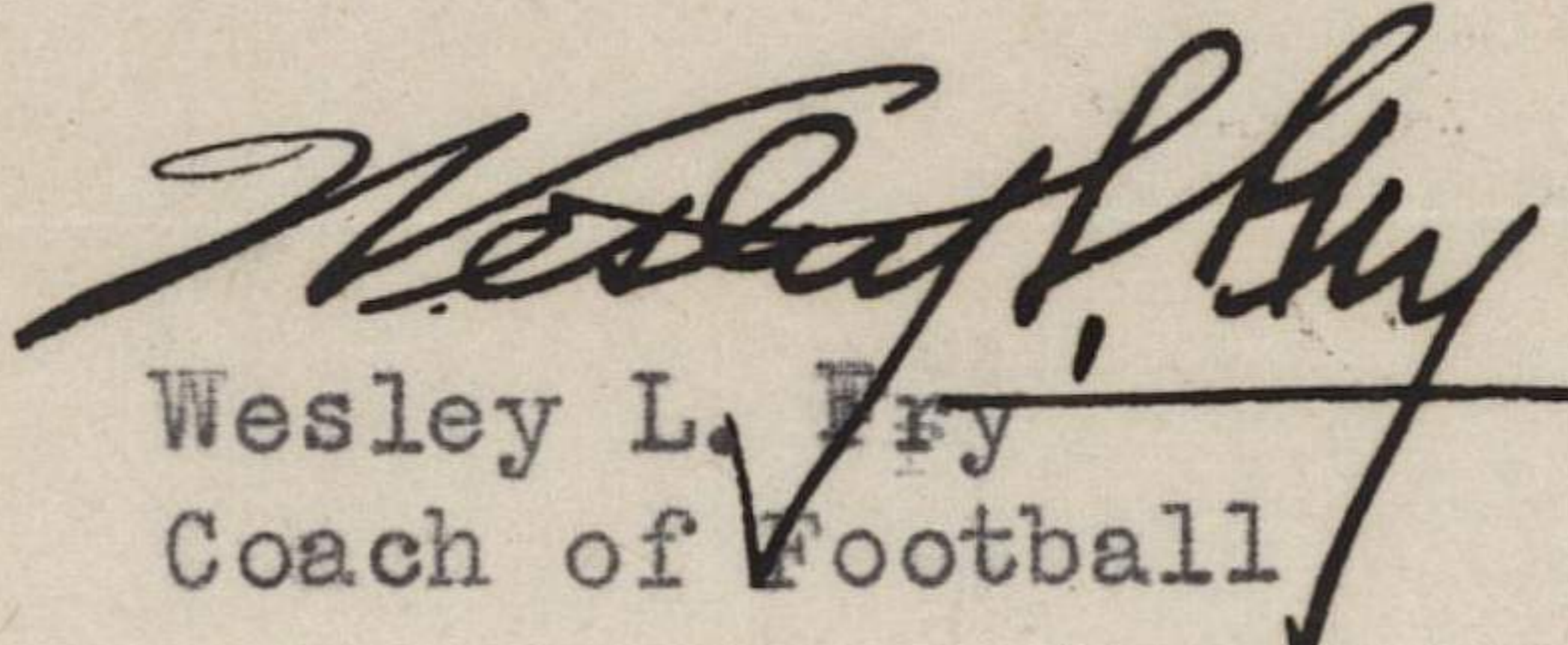
Dr. F. C. Allen  
Department of Athletics  
University of Kansas  
Lawrence, Kansas

Dear Dr. Allen:

I am not entirely satisfied with the diet suggestions which we have sent to our football players in the past and I am wondering if you could help me out? Perhaps you have something that you have worked out which I would prefer, or something compiled by someone else which you would recommend. It is extremely difficult for boys here to obtain a proper diet, and quite likely many of them do not care to put forth much effort along that line. There are always a few, however, who will follow any suggestions closely which would be something gained. I would appreciate very much any suggestions you could give me in this regard.

Hoping this finds you in the best of health and spirits, and with kind personal regards, I am

Sincerely yours,

  
Wesley L. Fry  
Coach of Football

WLF:LR