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# *Methods and Materials of Health Education*

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**A book that will help every classroom teacher to realize  
the aims of the new Health Education Program**



This text presents in simple and clear fashion the modern methods and materials of health education for teachers in service.

Each of the ten chapters is preceded by an outline of the material contained in it. At the end of each chapter is a list of pertinent questions for study and discussion.

The instruction given is concrete and definite. The material is usable in the classroom. Graphs, charts and forms aid the teacher in applying the instruction given in the text to her actual classroom situations.

Note both the logical and the psychological organization of the book in the table of contents given on the back of this circular. The first chapter gives the definitions of health education in all its aspects. The chart on page 10 shows clearly the divisions of school health education and their relationships with each other. Chapter Two discusses "The Nature of the Child" under such headings as (a) New Concepts of the Child, (b) Health Education as a Practical Art, (c) Growth and Development, (d) The Normal Child, (e) The Emotional Nature of the Child, and (f) The Economics of Illness. The material on child nature in this chapter will be found helpful in many cases of maladjusted children.

Other chapters deal with Healthful School Living, Health Service, Construction of the Health Curriculum, Health Instruction, Materials for Teaching Health, Tests and Measurements in Health Education, and The Health of the Teacher.

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