

Figure 3. (Junior High School Series) Measured Efforts in Fatigue Curves of First and Fifth Tests.

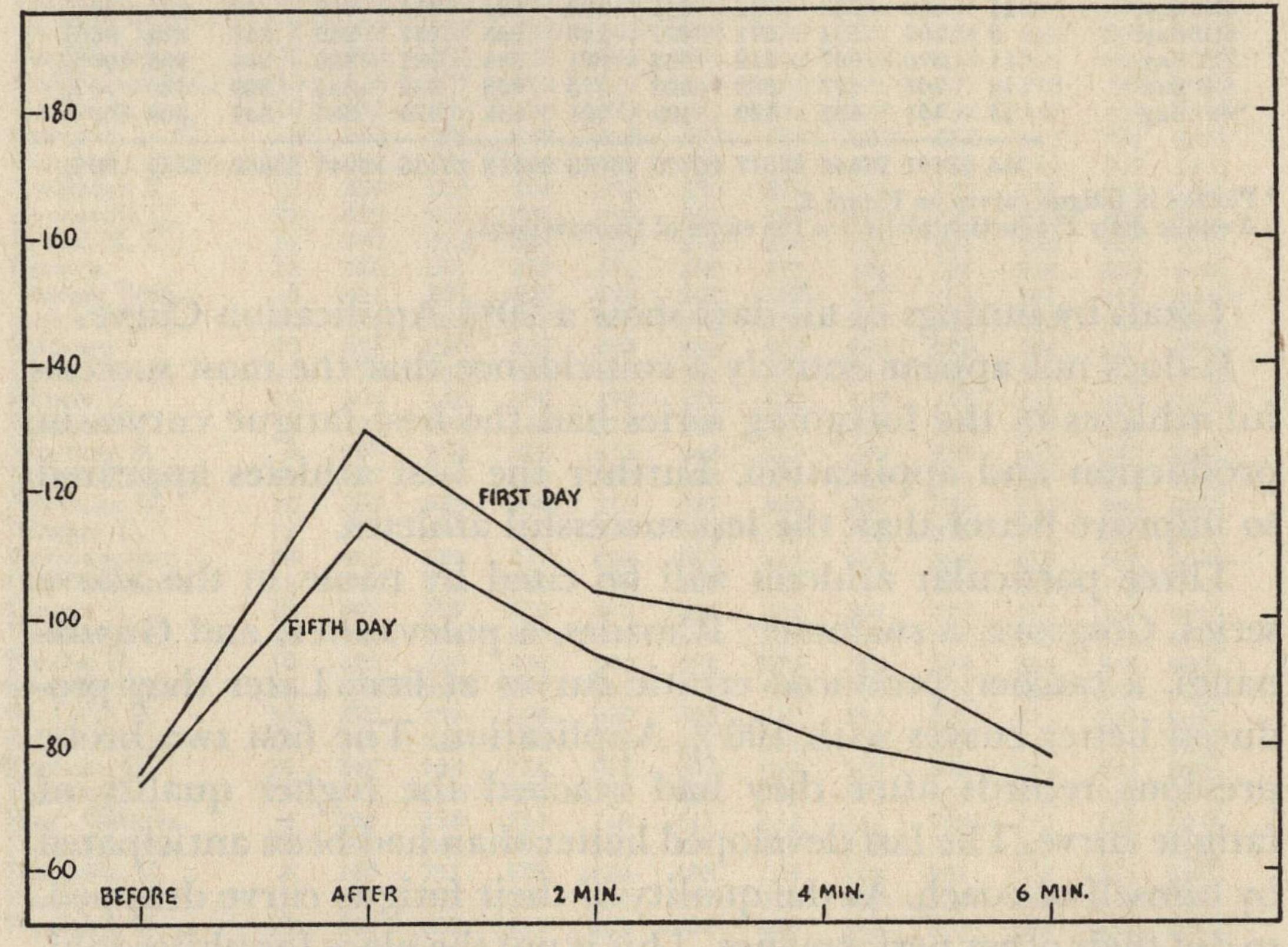


Figure 4. Costs in Heartbeats in Curves of Condition for Measured Efforts Shown in Figure 3.